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Cheyenne & Arapaho
TRIBAL TRIBUNE
CHEYENNE & ARAPAHO TRIBES

Volume 5, Issue 6 | Dec. 15, 2009 | 50 cents

Blood quantum remains unchanged

By Rosemary Stephens, Reporter/Graphic Artist

In a failed second attempt to pass the resolution that states *"Resolution to hold a referendum (special) election to amend the Cheyenne and Arapaho tribes' constitution article IV, section 1 (D), to change ¼ degree of blood of the Cheyenne and Arapaho tribes to 1/8 degree of blood of the Cheyenne and Arapaho tribes,"* tribal members attended a special tribal council meeting on Dec. 12, 2009 at the Frisco Center in Clinton, Okla.

The tribal council meeting began after establishing a quorum of 100 tribal members being present.

Ida Hoffman, Cheyenne and Arapaho legislator, was voted as chairwoman for the meeting and Bobbie Hamilton as secretary.

"It was stated earlier that this vote for this resolution would be done by electronic voting, however, since I am the chairman of this tribal council meeting and I have not seen any evidence through the tribal constitution nor the resolution itself about electronic voting we will be voting in a manner that we always have," Hoffman said.

The author of the resolution, Charlene Wassana, was given the floor for first comments.

"As before at a previous tribal council meeting that was held, myself and others wanted the council to bring this resolution to a referendum vote to decrease the blood quantum not only for the future of our tribes, but for the future generations of our children," Wassana said.

She said the resolution was an effort to ensure that the tribes continue to grow and efforts being put into the language programs won't be in vain.

"We are putting all this time, money and effort into language programs, but if there are no future generations of children on the roll, who are we going to teach the language to," Wassana said. "The last time we met, everyone said it was a good idea, but not right now and when I asked someone to stand up and tell us why no one could … what are we waiting for."

Hoffman asked for a motion on the floor to approve or disapprove the resolution.

Instead, Mike Martin, Cheyenne and Arapaho legislator, made a motion to adjourn the meeting and the motion was seconded.

After a vote of 71 in favor of adjourning, 63 not in favor and one abstaining, the special tribal council meeting came to

See Blood, page 6

Holiday Blues

Suicides spike during holiday seasons

By Rosemary Stephens, Reporter/Graphic Artist

Christmas and Easter holidays indicate a spike in suicide related deaths according to reports from the Suicide Prevention Resource Center (SPRC), part of the U.S. Department of Health and Human Services (USDHHS). The SPRC's main purpose is to track and document deaths by suicide in the United States.

According to the SPRC's findings, studies show a significant increase in suicidal deaths during Christmas due to the emphasis on being happy and "full of cheer" during the Christmas holidays, yet for someone contemplating suicide their sadness may become more pronounced during this time as they see other people happy and excited about the holidays. The other holiday where an increase in suicidal deaths occurs is Easter. The study showed during the Easter holiday a person who is contemplating suicide may become more depressed as spring approaches.

Also included in their recent

See Blues, page 3

I didn't know the Cheyenne, Arapaho tribes had a college

Cheyenne and Arapaho Tribal College

Michelin Butler, elemenary education freshman

Oveta Whiteshirt, inter-disciplinary studies sophomore

Anita Yellow Eagle, tribal administration freshman

Karen Galvan, tribal administration freshman

Michelle Bigfoot, inter-disciplinary studies freshman

Loni PrairieChief, tribal administration freshman

Brandon Norris, criminial justice senior

Lillie Franklin, elementary education freshman

Photos by Rosemary Stephens

In 2002, the Business Committee for the Cheyenne and Arapaho tribes duly established an Education Authority, which after extensive planning created the Cheyenne and Arapaho Tribal College (CATC) as directed by the people assembled in their annual Tribal Council on Oct. 3, 2003. As an essential part of that planning process, Southwestern Oklahoma State University (SWOSU) agreed to serve as a partner with CATC as it progresses through its initial developmental stages as a tribally-controlled institution of higher education.

CATC personnel are working with various groups to develop associate's degrees and certificate programs. One initial program of study has been developed and approved by the Oklahoma State Regents for Higher Education, which will lead to an Associate of Science degree in Tribal Administration. This two-year A.S. degree was implemented in the spring semester 2009 with some courses taught off-site through distance education. Students pursuing this degree will prepare themselves to work in the tribal environment, which is currently undergoing increased demands for individuals with administrative skills.

The Cheyenne and Arapaho Tribal College held its opening ceremonies on Aug. 25, 2006, with Dr. Henrietta Mann, serving as interim president. On April 3, 2008, CATC inaugurated its first president, Dr. Henrietta Mann, who is currently on leave from her position as special assistant to the president of Montana State University, Bozeman.

When will CATC receive accreditation?

Once CATC becomes a fully operable and autonomous college located in a separate facility or campus, demonstrates stable funding, has a student body made up of 51 percent members of federally recognized tribes, and is NOT accredited or a candidate for accreditation, it can apply for associate membership with the American Indian Higher Education Consortium (AIHEC). Approval requires an affirmative vote of 75 percent of the directors in attendance at a meeting of the Board of Directors. For tribal colleges, this is the initial step toward accreditation, since the process for both is virtually the same.

CATC will then focus upon accreditation through the Higher Learning Commission (HLC), a Commission of the North Central Association (NCA) of Colleges and Universities. Once accredited, CATC will file a letter of intent to pursue regular membership in AIHEC, which when approved by 75 percent of its directors, will make CATC eligible for federal funding and capable of competing for federal grants and other educational resources. CATC will join an approximate 35 other AIHEC tribal colleges and universities located throughout the United States and one in Canada.

Once accredited CATC will manage federal student financial aid programs and its courses also will be accredited and transferable to accredited four-year degree granting institutions or other two-year institutions.

While CATC is actively pursuing accreditation, the process is quite tedious. The current obstacles to overcome are proving stable fund-

See college, page 5

Interior to develop new tribal consultation policy

Action follows President Barack Obama's Nov. 5 executive memorandum

(WASHINGTON, D.C.) – The Department of the Interior has launched a new effort to develop a department-wide policy on tribal consultation, Interior Secretary Ken Salazar and Assistant Secretary-Indian Affairs Larry Echo Hawk announced on Nov. 24, 2009.

The new consultation policy will be developed with input from the nation's 564 federally recognized tribes.

"President Obama respects the inherent sovereignty of Indian nations and believes that the federal government must honor its commitments to American Indian and Alaska Native communities," Salazar said. "The president's executive order on consultation recognizes that the federal government has a responsibility to uphold not just a government-to-government relationship with tribes, but a nation-to-nation relationship. That is why we are working to implement a consistent and comprehensive department-wide tribal consultation policy and process upon which tribes can rely."

The effort announced is consistent with the requirements of an executive memorandum issued by Obama on Nov. 5, 2009 that directs all federal departments and agencies to develop a "plan of actions" to implement the policies and directives of Executive Order 13175, Consultation and Coordination with Indian Tribal Governments, issued by former President Bill Clinton on Nov. 6, 2000.

Obama signed the memorandum at the White House Tribal Nations Conference held at the Interior Department's headquarters in D.C.

During the same time as the Tribal Nations Conference the National Congress of American Indians, which represents 250 tribes, opened its first Embassy of Tribal Nations on Nov. 3, 2009 in Washington, D.C.

"On Nov. 5, 2009 president Obama issued his executive memorandum supporting tribal consultation as 'a critical ingredient of a sound and productive Federal-tribal relationship,'" Echo Hawk said. "The effort we are undertaking to develop Interior's plan as called for by the president will begin a new and positive chapter in the history of federal-tribal relations."

Obama has directed each agency head to submit to the director of the Office of Management and Budget (OMB) within 90 days of the date of his memorandum a detailed plan of actions the agency will take to implement the policies and directive of Executive Order 13175.

The department is seeking tribal comments via email, regular mail and in real-time meetings by Jan. 15, 2010, on questions asking what the parameters of a comprehensive Interior Department-wide consultation policy should entail.

Also announced is the preliminary schedule of departmental tribal consultation meetings (All times are local time):

Date: Tuesday, Jan. 5, 2010
Times: 9 a.m. – noon/1p.m. – 4 p.m.
Location: Minneapolis, Minn. Site to be announced.

Date: Thursday, Jan 7, 2010
Times: 9 a.m. – noon/1 p.m. – 4 p.m.
Location: Oklahoma City. Site to be announced.

Date: Tuesday, Jan. 12, 2010
Times: 9 a.m. –noon/1 p.m. – 4 p.m.
Location: Phoenix, Ariz. Site to be announced.

Date: Thursday, Jan. 14, 2010
Times: 9 a.m. – noon/1 p.m. – 4 p.m.
Location: Sacramento, Calif. Site to be announced.

Tribes make Oklahoma governors list

The Cheyenne and Arapaho tribes made the list to possibly expand broadband within Oklahoma.

Over 100 applications were submitted and 22 proposals were found to best meet the state's "current strategic broadband goals and objectives," according to a letter submitted from Oklahoma Secretary of State Susan Savage to Ian Martinez with the U.S. Department of Commerce National Telecommunications and Information Administration (NTIA) Broadband Technology Opportunities Program (BTOP).

Savage states, "Oklahoma broadband applications were reviewed with several key criteria in mind: the potential to generate economic activity and jobs; the provision of broadband to key anchor institutions; the provision of broadband to unserved and underserved areas; and the potential for the project to be sustainable."

"Additionally, the applicant's ability to leverage partnerships and their knowledge of the proposed service areas were also considered," and "The project list provided to NTIA highlights broadband applications, which add the greatest value to Oklahoma's efforts to expand its economic potential and to address the many infrastructure and access needs in urban and rural areas. The State of Oklahoma looks forward to the rigorous review of these applications and will provide any additional information that would be useful to your analysis."

Some of the other applicants include the City of Okmulgee, City of Sallisaw, City of Tulsa, OK Western Telephone Co., Oklahoma City University, Pioneer Long Distance, Inc. and Lakeview Cable TV, Inc.

The angel tree is at Lucky Star Casino

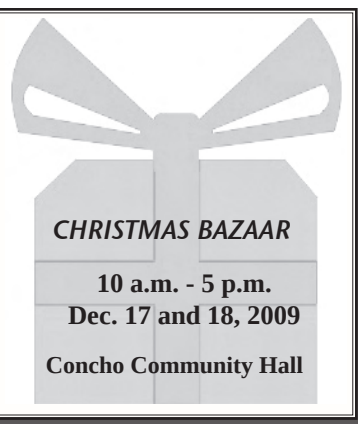
(CLINTON, Okla.) Lucky Star Casino in Clinton will be displaying an Angel Tree on the casino floor beginning Dec. 2, 2009.

The Angel Tree will have wish lists from children attending the Cheyenne and Arapaho Head Start and child care centers. Customers can visit the Player's Club in the casino to sign up for an angel from the tree. With the return of the gift, the customer will receive $20 in free play. The gifts for the children need to be returned to Lucky Star Casino by **Dec.16, 2009**. Customers are asked to not wrap the gift, but place them in gift sacks. For more information contact Kelsi South at (580) 331-6599.

The employee committee presents: the Christmas Bazaar

Twenty plus vendors. Come find your perfect Christmas present! The employee committee is also holding a raffle - five chances for $1. Make sure to put your name and a good phone number.

Open to the public.



R.E.Sp.E.C.T.

Christmas Community Activity

PICTURES WITH SANTA
BINGO
CANDY SACKS
SNACKS

- **Kingfisher** – At 6 p.m. Dec. 15, 2009 Sniders Restaurant *With A2 and C2 Christmas dinner
- **Geary and Calumet** – At 6 p.m. Dec. 16, 2009 Geary Community Building *With A2 and C2 Christmas dinner
- **Canton** – Dec. 17, 2009 Community Building
- **Seiling** - Dec. 17, 2009 Community Building

For more information, contact the R.E.Sp.E.C.T. program at (800) 247-4612 x. 27570 or 27585

TRIBAL TRIBUNE DEADLINES

At 5 p.m. every 8th and 23rd of the month.

Papers delivered every 1st and 15th.

Energy Concepts opens Denver office

(DALLAS, Texas) - Brenco Industrial Services, a Dallas-based Native American-owned commercial construction company, has opened a Denver office for its new Brenco Energy Concepts division dedicated to green products and energy-reduction solutions, President Steve Cardwell has announced.

Pearline "Pearl" Cuny, former associate procurement specialist for the Native American Procurement Technical Assistance Center in Denver, will direct operations. The office is located at 952 Logan Drive, just north of the Governor's Mansion.

"We chose Denver as our newest location because Denver is progressive with green initiatives," he said. "The city council and the citizens have embraced this new mindset as a way of life. Denver is our gateway to the West and a perfect launching point to take Brenco Energy Concepts across the nation with a product and service line unmatched in the USA."

Brenco Energy Concepts is part of green technology's increasing momentum that's expected to stimulate nearly $150 billion in green-related construction by 2013, according to McGraw Hill's "2009 Green Outlook."

"Our philosophy is that it makes good business sense to protect our planet, becoming more efficient with all our resources, not just energy. We have found this can increase a company's bottom line through direct expense reduction. Our focus is a family of green products that will greatly reduce a business's energy costs while reducing their carbon footprint.

"Energy rates will do nothing but rise in the future," Cardwell said, driven by climate legislation and other factors. "But that creates opportunities for green products and solutions to help business and industry find innovative, sustainable efficiencies with advantages such as clean-power harmonic transformers and 100,000-hour light bulbs available from BEC."

Brenco Energy Concepts' licensed electrical contractors and network of engineers offer a comprehensive power system analysis, recommendations for power system modification and other advantages such as third party certification of reduced energy consumption, said Cardwell, a Southern Cheyenne native of Oklahoma.

The division also will recommend and provide products to reduce energy consumption and maintenance costs on vehicle fleets and structure. Cuny brings "extensive work in Indian Country," Cardwell said. "In her former position with the National Center for American Indian Enterprise Development, she became very competent in dealing with federal and tribal governments. Pearl brings a wealth of knowledge and experience that will broaden our Brenco Energy Concepts message."

In her former position, Cuny, an enrolled member of the San Felipe Pueblo Tribe of New Mexico, developed business relationships with federal government agencies, tribes, Indian businesses, corporations and private industries. She is also experienced in assisting businesses to recognize procurement opportunity and market their products and services.

"As I learned more about Steve Cardwell and Brenco Industrial Services, I thought it was an incredible opportunity to have the chance to work for this company," Cuny said. "Steve exercises great leadership, and to watch the determination in this Native American-owned company to strive and grow is astonishing. There is just endless opportunity with Brenco and it's exciting to be a part of this company's rising prospects."

Brenco Industrial Services has won local and national recognition, including the North Central Texas Regional Certification Agency's Gold Award as 2008 Minority Company of the Year.

This year, Brenco won the DFW Native American Chamber of Commerce's Small Business of the Year award and was named Native American Business Alliance Fund Member of the Year at NABA's national conference at the Saginaw Chippewa Indians Tribal Community in Mt. Pleasant, Mich.

Brenco Energy Concepts (http://www.brenco-llc.com/buildgreen.php), a division of Brenco Industrial Services, specializes in green products and energy-reduction solutions.

BrencoEnergyConcepts
EFFICIENCY THROUGH INNOVATION

Cheyenne and Arapaho Tribal Tribune

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Tribal members may pick up copies at the following Oklahoma locations: Tribal complex, Smoke shop in Concho; Indian clinic, BIA office, Education building (Canadian Square), Chamber of Commerce, City Hall in El Reno; Indian clinic, Elder care, Housing building, Annex, Cheyenne Culture Center, Smoke shop in Clinton; Indian clinic, Food Distribution in Watonga; Canton Smoke shop, and Seiling/Fonda Community Center. / Papers are printed by Lindsay Webb Press.

Newspapers per copy - 50 cents; Annual subscription rate - $25; Enrolled C & A tribal members - FREE.

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The family after suicide

By Rosemary Stephens, Reporter/Graphic Artist

I have been taught to report and write about a subject or event in the third person and not to become part of the story.

Here I am going to change what I have been taught to try and share with the readers about my journey of healing and my family after the suicides of two brothers, Kenneth Lee Lyman, age 27 at the time of his suicide and Sidney Thomas Lyman, age 40 at the time of his suicide.

It is my hope that someone who is contemplating suicide will read this story and see the struggles of a family after the death of a loved one from suicide. It is my hope someone will see how the lives of everyone that loves them and knows them will be changed forever and seek help before contemplating suicide.

Sidney Thomas Lyman
March 7, 1957-April 3, 1997

I have read and studied many aspects of the causes and warning signs of suicide over the years. One brother, Kenneth, displayed all of the "typical" warning signs of pending suicide, while Sidney did not display any of the warning signs. This leads me to believe that only the person who is contemplating suicide knows for sure, inside of themselves, of the decision to die.

Kenneth Lee Lyman
Dec. 10, 1953-Dec. 27, 1980

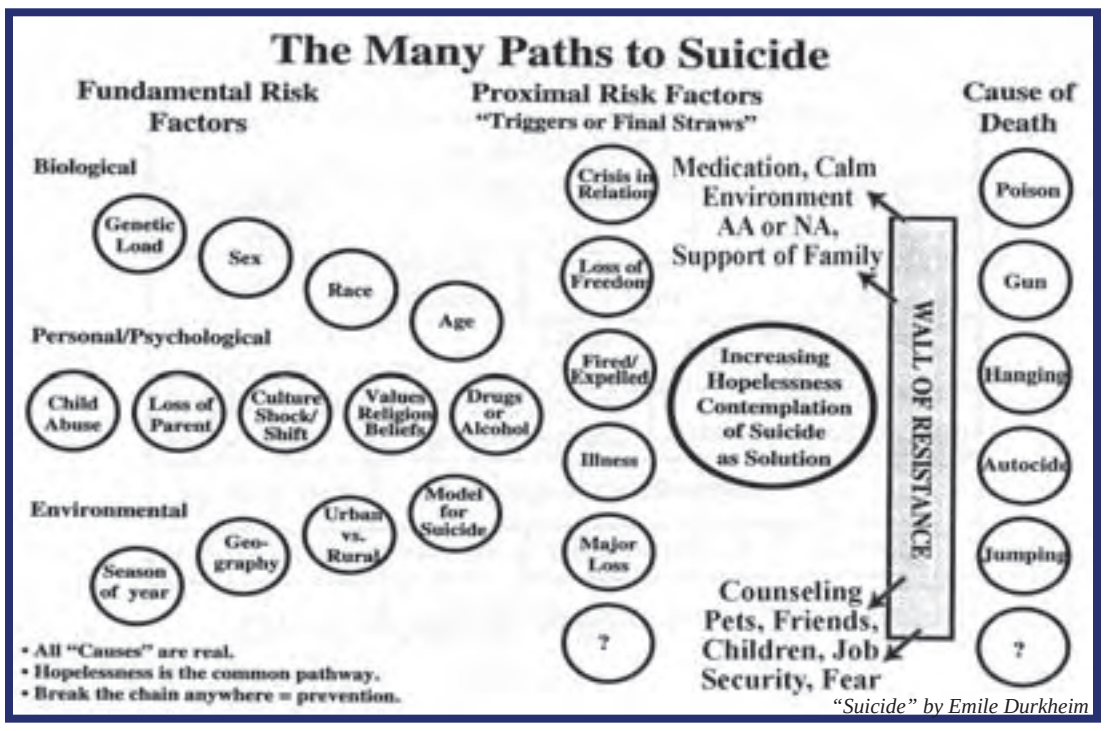
With both of my brothers alcohol or drug abuse did not factor into their lives. There were not any signs of depression or long-term treatment for depression, to my knowledge, for either one.

A brief background, Kenneth committed suicide on Dec. 27, 1980 in Denver, Colo., two days after Christmas, by carbon monoxide poisoning. He parked his truck in the garage of my parent's home while on military leave, laid down in the bed of the truck and never woke up.

My parents came home from work to find their eldest son dead. Prior to his death he had given away belongings, wrapped up personal business and left a very long suicide note. The "typical" signs someone displays when contemplating suicide. He was in the military however all military records became sealed after his death and my parents were not allowed to view any documents of mental health issues.

Sidney shot himself in the heart with a shot-

See family, page 4



"Suicide" by Emile Durkheim

Blues

Continued from page 1

study released by the SPRC in 2008, deaths by suicide in Native American communities were higher than every other ethnic community throughout the U.S.

"We have suicide rates that are among the highest in the world, especially of our youth ranging from 15 to 25 years of age," Doug Cuthand, Prevention of Suicide representative, said. "There is no simple answer for this epidemic that is destroying Indians across the country."

He said living conditions, lack of education, unemployment, drug and alcohol addiction all contribute to the high rate of suicides among Native American youth.

Some warning signs that an individual is imminently planning to kill themselves may include making a will out of the blue, getting their affairs in order, suddenly visiting friends and family members (one last time), a sudden decline in their mood, a loss of interest in activities or writing a suicide note and leaving it to be found. Individuals who kill themselves by suicide usually will not tell a mental health professional in the months prior to the suicide. They will be more apt to share their plans to commit suicide with a family member or close friend according to reports by the USDHHS.

See Blues, page 4

Washita Battlefield NHS reserves 'A Day of Rememberance, Reflection'

The Washita Battlefield National Historic Site held "A Day of Remembrance and Reflection" at 10 a.m. Nov. 27, 2009 to commemorate the 141st anniversary of when Lt. Col. George Armstrong Custer led the 7th Calvary troops in a surprise attack at dawn against the village of Cheyenne Peace Chief Black Kettle in 1868. The site is located near Cheyenne, Okla.

The event included a blessing ceremony by Chief Lawrence Hart, Oveta Lira and Dr. Henrietta Mann at the park overlook. The Red Moon drum group were on hand along with traditional Cheyenne singers Marie Whiteman and Ruth Brooks. A special presentation was also given by Minoma Littlehawk entitled, "The Cheyenne Tribe: Survival and Sustainability."

"This site is hallowed ground because of what happened here on Nov. 27, 1868, especially for the Cheyenne and Arapaho people," Lisa Conard, park superintendent, said. "One hundred forty-one years later, Washita continues to remind us of the courage and resilience of a people; it honors all who lost their lives here, and it will be a lasting place of hope and healing for all who come here."

Courtesy photos

Settlement announced for Cobell lawsuit on Indian trust management

(WASHINGTON) - The Obama administration on Dec. 8, 2009 proposed spending more than $3 billion to settle claims dating back more than a century that American Indian tribes were swindled out of royalties for oil, gas, grazing and other leases.

Speaking at the press conference were Secretary of the Interior Ken Salazar, Attorney General Eric Holder, Deputy Secretary of the Interior David Hayes and Associate Attorney General Tom Perrelli.

Under an agreement the Interior Department would distribute $1.4 billion to more than 300,000 Indian tribal members to compensate them for historical accounting claims, and to resolve future claims. The government would also spend $2 billion to buy back and consolidate tribal land broken up in previous generations. The program would allow individual tribal members to obtain cash payments for land interests divided among numerous family members and return the land to tribal control.

By reducing the number of individual trust accounts that the U.S must maintain, the program will greatly reduce on-going administrative expenses and future accounting-related disputes.

In order to provide owners with an additional incentive to sell their fractionated interests, the settlement authorizes the Interior Department to set aside up to 5 percent of the value of the interests ($60 million) into a college and vocational school scholarship fund for American Indian students.

"This is an historic, positive development for Indian country and a major step on the road to reconciliation following years of acrimonious litigation between trust beneficiaries and the United States," Salazar said. "Resolving this issue has been a top priority of President (Barack) Obama, and this administration has worked in good faith to reach a settlement that is both honorable and responsible. This historic step will allow Interior to move forward and address the educational, law enforcement, and economic development challenges we face in Indian Country."

If cleared by Congress and a federal judge, the settlement would be the largest Indian claim ever approved against the U.S. government - exceeding the combined total of all previous settlements of Indian claims.

Also, Congress must enact legislation to authorize implementation of the settlement. Because it is a settlement of a litigation matter, the Judgment Fund maintained by the U.S. Departments of Justice and Treasury will fund the settlement. .

Last year, a federal judge ruled that the Indian plaintiffs are entitled to $455 million, a fraction of the $47 billion or more the tribes have said they are owed for leases that have been overseen by the Interior Department since 1887.

"While we have made significant progress in improving and strengthening the management of Indian trust assets, our work is not over," said Salazar, who also announced he is establishing a national commission to evaluate ongoing trust reform efforts and make recommendations for the future management of individual trust account assets in light of a congressional sunset provision for the Office of Special Trustee, which was established by Congress in 1994 to reform financial management of the trust system.

President Barack Obama said settlement of the case, known as Cobell v. Salazar, was an important step to reconcile decades of acrimony between Indian tribes and the federal government.

``As a candidate, I heard from many in Indian Country that the Cobell suit remained a stain on the nation-to-nation relationship I value so much,'' Obama said in a written statement. ``I pledged my commitment to resolving this issue, and I am proud that my administration has taken this step today.''

Elouise Cobell, a member of the Blackfeet Tribe from Montana, who was the lead plaintiff in the case, called the proposed settlement crucial for hundreds of thousand of Native Americans who have suffered for more than a century through mismanagement of the Indian trust.

The class action case was filed by Cobell in 1996 in the U.S. District Court for the District of Columbia and has included hundreds of motions, dozens of rulings and appeals, and several trials over the past 13 years.

``Today is a monumental day for all of the people in Indian Country that have waited so long for justice,'' said Cobell, who also appeared at a news conference Tuesday Dec. 8, 2009 with Salazar, Holder and other U.S. officials.

``Did we get all the money that was due us? Probably not,'' Cobell said, but added: ``There's too many individual Indian beneficiaries that are dying every single day without their money.''

The proposed settlement affects tribes across the country, including virtually every recognized tribe west of the Mississippi River. Tribes in North Dakota, South Dakota, Oklahoma and Montana are especially affected by the breakup of Indian land into small parcels, said Keith Harper, a lawyer who represents the plaintiffs.

The settlement would give every Indian tribal member with an Interior Department account an immediate check for $1,000, with additional payments to be determined later under a complicated formula that takes into account a variety of factors.

Many tribal members also would receive payments for parcels of land that are held in some cases by up to 100 family members, in an effort to consolidate tribal land and make it more useful and easier to manage.

The settlement funds will be administered by the trust department of a bank approved by the district court and distributed to individual Indians by a claims administrator in accordance with court orders and the settlement agreement.

"Over the past 13 years, the parties have tried to settle this case many, many times, each time unsuccessfully," Holder said. "But today we turn the page. This settlement is fair to the plaintiffs, responsible for the United States, and provides a path forward for the future."

The settlement does not include a formal apology for any wrongdoing by the U.S. government, but does contain language in which U.S. officials acknowledge a ``breach of trust'' on Indian land issues.

An apology ``would have been nice,'' Cobell said, but was less important than settling the dispute. ``Actions are more important to me than apologies,'' she said.

For fiscal year 2009, funds from leases, use permits, land sales and income from financial assets, totaling about $298 million were collected for more than 384,000 open Individual Indian Money accounts and $566 million was collected for about 2,700 tribal accounts for more than 250 tribes.

Since 1996, the U.S. Government has collected over $10.4 billion from individual and tribal trust assets and disbursed more than $9.5 billion to individual account holders and tribal governments.

The land consolidation fund addresses a legacy of the General Allotment Act of 1887 (the "Dawes Act"), which divided tribal lands into parcels between 40 and 160 acres in size, allotted them to individual Indians and sold off all remaining unallotted Indian lands.

As the original holders died, their intestate heirs received an equal, undivided interest in the lands as tenants in common. In successive generations, smaller undivided interests descended to the next generation.

Today, it is common to have hundreds—even thousands—of Indian owners for one parcel of land. Such highly fractionated ownership makes it extremely difficult to use the land productively or to provide beneficial use for any individual.

Absent serious corrective action, an estimated 4 million acres of land will continue to be held in such small ownership interests that very few individual owners will ever derive any meaningful financial benefit from that ownership.

Interior currently manages about 56 million acres of Indian trust land, administering more than 100,000 leases and about $3.5 billion in trust funds.

Under the negotiated agreement, litigation will end regarding the Department of the Interior's performance of an historical accounting for trust accounts maintained by the United States on behalf of more than 300,000 individual Indians.

Additional Information is available at www.cobellsettlement.com, www.doi.gov. and www.ost.doi.gov.

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PRICES HARD TO BEAT-Come See Us First!
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Tribal Tidbits

Left-Christine Morton and Melissa Buffalomeat sign in participants.

Right-Brian Shepard gives out samples of products from Metro Business Supplies.

Below-Grant Weiland displays electronic devices from Addtronics Business Systems.

Above-Melody Taylor has batteries of all shapes and sizes from Batteries Plus.

Photos by Rosemary Stephens

Cheyenne and Arapaho tribal employees were given the opportunity to meet and talk with vendors at a Vendor Fair held Dec. 1, 2009 at the community center in Concho, Okla.

Christine Morton, procurement officer, arranged for the fair to give vendors and tribal employees a chance to meet one another and learn about their products and pricing. Tribal employees were also given the chance to attend an on-line ordering workshop.

Above: Kent Stonecalf, Nicholas Barton, Melissa Huber and Wanda Morgan, Alvin S., Jason D., Mark M., Robby K., Marc M., Darla A., Ernestine A., Mollie C., Michelle M., Josephine O., Alta D. help decorate the Christmas float

Photos by Rosemary Stephens

Right: Residents and staff at the George Hawkins Treatment Center get their Christmas float ready for parade.

The Cheyenne and Arapaho tribes' George Hawkins Treatment Center entered a float in the Festival of Lights Parade on Dec. 1, 2009 in Clinton, Okla.

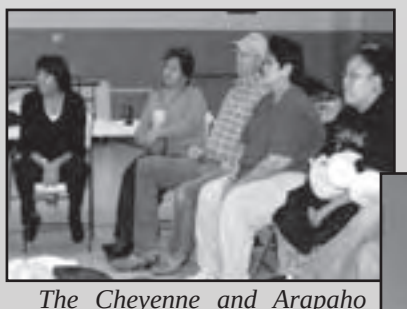
The float won second place, receiving $100.

Parents and their children enjoy Thanksgiving dinner together.

Courtesy photos

Sara Wilson picks up her families Thanksgiving turkey. All students received their own turkey to take home.

Parents, staff and students at the Cheyenne and Arapaho Clinton Head Start enjoy a Thanksgiving dinner together on Nov. 24, 2009 in Clinton, Okla.



Courtesy photos

The Cheyenne and Arapaho Head Start center staff, Canton, Clinton and Concho, received training in first-aid, CPR and AED on Dec. 4, 2009 at the Concho community center in Concho, Okla.

Right: Richard Miller demonstrates first-aid techniques.

Bish takes life-size show, tell to school

Submitted article

Tayla Bish brought her own life-size show and tell for her class at Washita Valley Head Start in Anadarko, Okla.

To celebrate Native American month, Bish wore her cloth dress and brought her cousin, Kaylee Bish, for show and tell.

Kaylee wore her buckskin dress made by her grandmother, Charlotte Lumpmouth, and brought her princess trophies, banners and shawls she has been honored with over the years to show the children. She is currently serving as the Cheyenne and Arapaho Veterans Powwow senior princess and spoke about the Arapaho people and her traditional attire to the entire school.

Tayla aspires to be a (hey-ya-ha) princess one day and wore her rhinestone crown and birthday princess banner and brought "her" trophy that her pop-pop received at the Lumpmouth family reunion. Tayla is the 4-year-old daughter of JR and Shaneeka Bish of Anadarko, Okla. and has one big sister, Alyssa.

Courtesy photos

Tayla (r) and Kaylee (l) Bish

Annual garden of lights 5k run to benefit veterans

The Veterans Garden of Lights 5K Road Race and 1K Fun Run is scheduled for 4:45 p.m. Saturday, Dec. 19, 2009 in Honor Heights Park in Muskogee, Okla.

Registration begins at 2 p.m. at the north shelter. All proceeds benefit veterans' programs at the Jack C. Montgomery VA Medical Center. Entry fee is $23, which includes a long-sleeve t-shirt ($17 without).

After the race, participants can enjoy free chili, hot dogs and hot chocolate provided by the Disabled American Veterans, Ch. 7.

Custom Christmas tree ornaments decorated with the Garden of Lights 5K logo will be awarded to the first three male and female runners overall in each age group.

Ornaments will also be presented to the first three male and female winners in the 1K. Sanctioned by USA Track and Field, the 5K course is certified and begins and ends at the bottom of Honor Heights Park. The 1K Fun Run begins shortly after the 5K. Presenting sponsor is Muskogee Rehabilitation and Sports Medicine.

Other sponsors include Cherokee Healthy Nation, Tulsa Running Club, Muskogee Federal Credit Union, First National Bank of Muskogee, Jon Kolb State Farm Insurance, Armstrong Bank, BancFirst, Franklin Graphics, Hogle Eye Care Center, Kum & Go, Muskogee Parks and Recreation, Muskogee Young Professionals (MyPros), Oklahoma Natural Gas, Tulsa Teachers Credit Union, Tulsa Runner, and VA Voluntary Service.

For more information and/or entry form, contact Nita McClellan at (918) 577-3704 or benita.mcclellan@va.gov.

Notice

NOTICE TO ALL ELDERS

The Clinton Elder Care office will ONLY be open on Tuesdays effective the week of Dec. 21, 2008. Elders should make sure they come in early to receive their December 2009 benefits.

The Elder Care program (including Clinton) will be closed the week of Dec. 28, 2009 for the Elder Care program to do necessary year end paper work. The program will be closing their books for the year during that time.

If elders usually receive their food voucher and other monthly request on those days of the closure the elders may come in prior to that time and their request will be processed.

family

Continued from page 3

gun on April 3, 1997, five days after Easter at his home in Newcastle, Okla. He had a wife of 17 years, a 15-year-old daughter, a 10-year-old daughter, a new business, a new home and did not leave a note, nor did he show any of the signs of someone contemplating suicide.

After the death of Kenneth I witnessed my parents age overnight. Prior to his death they were outgoing and open. After his death they became withdrawn. For my two brothers, Sidney and David, and me we walked around in a state of shock, as if someone had exploded a bomb in our homes and we were confused, lost and struggled with answers.

We were helpless to console our parents, helpless in consoling each other.

When Sidney committed suicide in 1997 there was complete devastation within his family and our family. The shock of his death shook each of us to the very core of our soul. There was no warning, no notes, and no indications that he was in a dark place inside of himself. No signs he was contemplating suicide.

My father went from having a head full of black hair to turning completely gray overnight. My mother had passed away in 1994 and was spared the death of her second son by suicide. I watched my father endure the pain of burying his second son. I watched my brother's daughters walk around in shell shock, an emptiness in their eyes.

I was sent into a state of denial, shock, anger and guilt. Feelings that would plague me for years to come. Denial that he had committed suicide, I wanted to believe he had been murdered rather than face the truth. Anger at Sidney for causing such pain to his daughters, his wife and us … knowing the pain that Kenneth's suicide had caused all of us. Guilt, because I should have known, guilt that I was still alive and he was dead.

Perhaps, the hardest feelings for family members to experience is the guilt they feel that they should have known or seen something was wrong and guilt at themselves because they continue to live while their loved one is dead.

The grief associated with the suicide of a loved one presents intense and unique challenges. In addition to the pain endured from losing a loved one, suicide survivors feel guilty about having not been able to prevent their loved one from killing themselves and the myriad of conflicting emotions involving regret for minor conflicts while their loved one was alive. I know because I sometimes still struggle today with those feelings. Suicide survivors are at a higher rate to experience thoughts of suicide themselves because of feelings of guilt, regret and remorse. These feelings last for years after the death of their loved one.

There is help. For my fam-

See family, page 6

Blues

Continued from page 3

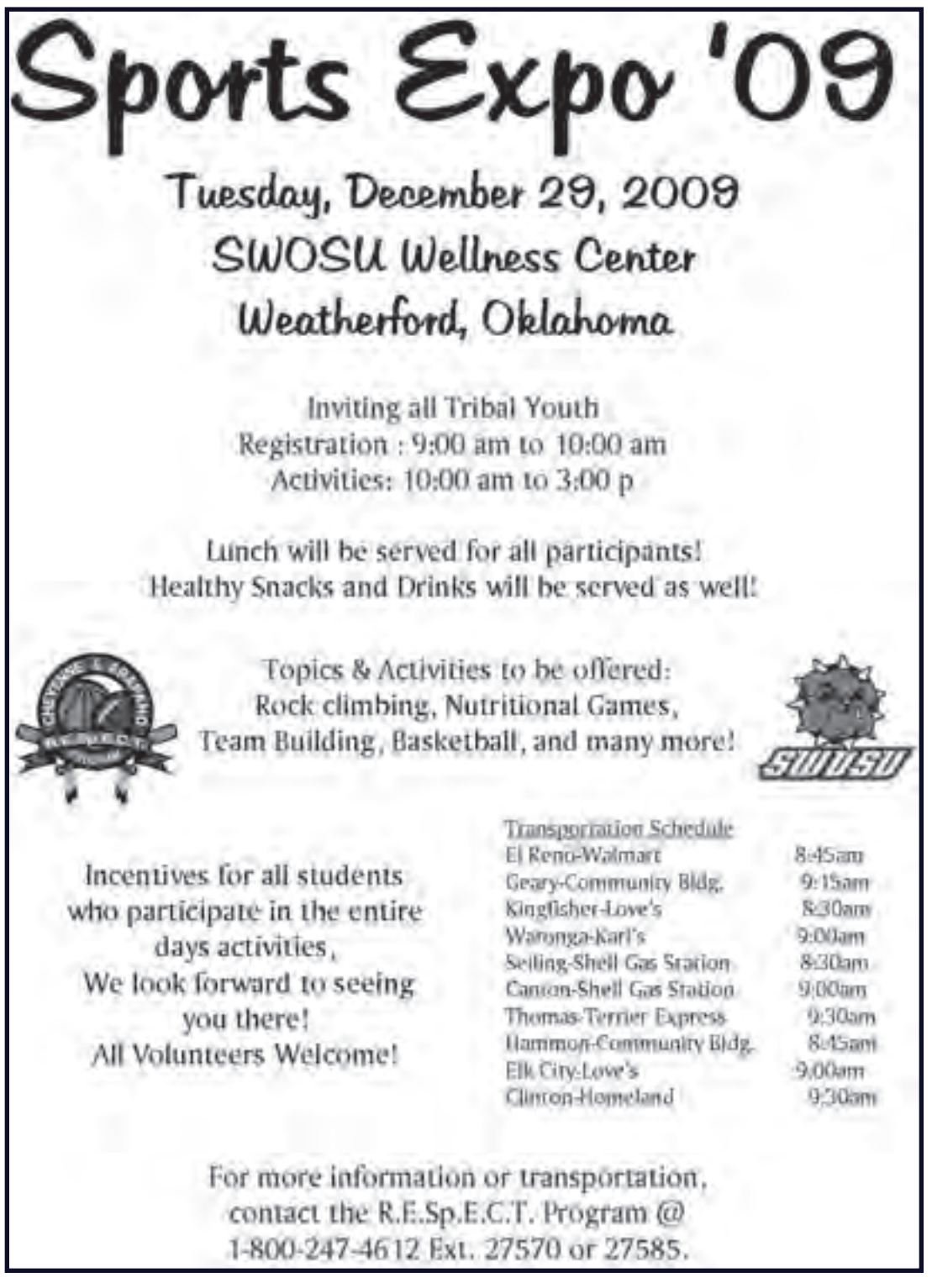
Stacy Freedenthal, researcher for the American Association of Suicidology (AAS), stated in a speech given at the AAS convention in Santa Fe, N.M. that suicide is a profound problem for Native American youth and they are exposed to alcohol and drug abuse among their family members, racial discrimination and domestic violence as well as poverty found on many Native American reservations.

Freedenthal's studies also found that tribes who maintained a strong cultural life and participate as a family in ceremonies showed a decrease in suicides compared to tribes whose culture has been lost or seriously weakened.

Evidence also shows that when employment rates increase on a reservation, the suicide rate declines.

"The answer to reducing the high suicide rate doesn't lie only with the individual, it lies within the community … we must take ownership and address the epidemic of suicide and put a stop to this senseless loss of life," Cuthand said.

For more information on how to prevent suicide contact the American Foundation for Suicide Prevention at www.afsp.org.


Sports Expo '09
Tuesday, December 29, 2009
SWOSU Wellness Center
Weatherford, Oklahoma
Inviting all Tribal Youth
Registration : 9:00 am to 10:00 am
Activities: 10:00 am to 3:00 p
Lunch will be served for all participants!
Healthy Snacks and Drinks will be served as well!
Topics & Activities to be offered:
Rock climbing, Nutritional Games,
Team Building, Basketball, and many more!
SWOSU
Incentives for all students who participate in the entire days activities,
We look forward to seeing you there!
All Volunteers Welcome!
Transportation Schedule
El Reno-Walmart 8:45am
Geary-Community Bldg. 9:15am
Kingfisher-Love's 8:30am
Watonga-Karl's 9:00am
Seiling-Shell Gas Station 8:30am
Canton-Shell Gas Station 9:00am
Thomas-Terrier Express 9:30am
Hammon-Community Bldg. 8:45am
Elk City-Love's 9:00am
Clinton-Homeland 9:30am
For more information or transportation,
contact the R.E.Sp.E.C.T. Program @
1-800-247-4612 Ext. 27570 or 27585.

A Christmas cedar tree

By Laurie Boerngen
USDA – NRCS
Rangeland Management Specialist

Are you tired of paying $20 - $40 for a cut pine or spruce Christmas tree? You don't want an artificial Christmas tree because you like the smell of evergreen. Why not help our ranchers with their Eastern Red Cedar control on rangeland in Roger Mills County.

If you are interested in a cedar tree for Christmas ask the rancher for permission first before cutting a tree. Do not trespass! Some cedar trees are in shelter belts and these trees should not be cut. When cutting a cedar cut it off as close to the ground as possible, this will prevent flat tires on vehicles and by cutting below the bottom branch this will kill the tree.

The following information is from the April 2003 Eastern Redcedar, A Growing Threat to Oklahoma poster.

Why All Oklahomans Should Be Concerned:

Safety – Red cedars create a high fire hazard when allowed to grow too close to homes and other buildings.

Health – Pollen grain concentrations [the allergen produced by juniper (cedar) trees] tripled from 1988 to 1996, and this presents a growing health concern for many Oklahomans.

Economic Impact – Red cedars are encroaching into pasture and rangeland, reducing forage production and livestock carrying capacity.

Environmental Changes – Red cedar invasion into native plant communities changes habitat structure and composition that results in the displacement of quail, deer, turkey and many songbirds.

FACTS

*Eight million acres in Oklahoma are infested with at least 50 Eastern Red Cedar or other junipers per acre. This is a 400 percent increase in acres infested in the past 52 years.

*Cedar infestation is increasing at a rate of 762 acres a day.

*Red cedars are costing Oklahoma $218 million a year in loss of cattle forage, wildlife habitat, recreation and water yield. This annual economic loss will increase to $447 million by 2013 if steps are not taken to control the growing population of cedar and other juniper species.

*Over 300,000 acres of Eastern Red Cedar and other juniper infestation must be controlled each year just to break even with the current rate of increase in the number of trees.

*Prior to settlement of Oklahoma, juniper infestation was not a problem as the trees were primarily limited to protected alcoves and canyons that were rarely burned by fire. However, as people began to settle the plains, they controlled the naturally occurring wildfires that kept red cedar and other junipers in check.

*To restore lands already suffering from encroachment, as well as maintain lands free of further encroachment, landowners will need to aggressively treat 2 to 4 million acres per year.

*Although the use of prescribed burning is the most cost-effective juniper control strategy, today, it is not practiced widely because of long standing social and legal concerns. Fire suppression, rather than the cautious use of prescribed burning, has been the rule for decades. Oklahoma's strict liability law also creates a disincentive for the landowner considering a prescribed burn.

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American Lung Association continues fight for air

The "Fight for Air Luncheon" annual fundraiser will be held Feb. 2, 2010 at the Oklahoma City Golf & Country Club and will feature a nationally recognized celebrity keynote speaker, Kathryn Joosten, to speak on her connection with lung disease, battle with lung cancer, and the lack of awareness and stigmas that accompany the disease. This year's event chairwoman is Debbie Yoeckel, with last year's chairwoman, Elaine Levy, returning as her co-chairwoman.

The luncheon will feature a Chinese auction and raffle with exclusive items from local boutiques and donors, with winners announced following the keynote address. Additionally, this luncheon will highlight and recognize individuals for their work in Tobacco Advocacy and Prevention with the annual Leadership in Lung Health Awards.

Last year, the American Lung Association held Breathe--A Lung Health Luncheon to showcase our work for healthy air and the prevention of lung disease. The event was a huge success with more than 300 guests in attendance. This year, we have renamed the luncheon the Fight for Air Luncheon and need your support to continue the fight!

The general public is welcome to attend and the event will attract individuals from across the state. Our hope is to provide insight and information that attendees can take with them and share with groups in their communities statewide.

The revenues generated from the luncheon will be used to support lung health research programs, local lung health advocacy and education programs in the state of Oklahoma.

Table, ticket, auction, and sponsor information is available by contacting (405) 748-4674 ext. 205. For more information on the American Lung Association, visit www.breathehealthy.org.

college

Continued from page 1

ing and independence. AIHEC requires all tribal colleges to maintain offsite offices as a minimum to prove independence.

Since CATC is not accredited, who grants the degree?

Until accreditation is achieved, SWOSU serves as the accrediting body and issues the formal diploma and transcript stating the degree received. However, CATC will also issue a transcript for students. In addition, CATC hosts a commencement ceremony in conjunction with the Cheyenne and Arapaho annual Labor Day Powwow in Colony, Okla. In 2008, CATC recognized the achievements of 11 students, who received Associate of Science in General Studies and three students, who received Associate of Science in American Indian Studies. The 2009 commencement celebrated the achievements of 12 students who earned Associate of Science Degrees in General Studies.

What are the courses like?

CATC is a cultural sanctuary that promotes learning, as well as a place that honors the tribal identities of the Cheyenne and Arapaho. A strategic goal for the tribal college is to be the language and cultural capital of the Cheyenne and Arapaho tribes. Thus, offering cultural-based courses strengthens the preservation of language and traditional values handed down through the generations. CATC is offering ten culturally strong courses for the Spring 2010 semester.

What minors are offered through CATC?

Students do not select a minor program of study to achieve an associate's degree. A student can choose a minor course of study while pursuing a four-year bachelor's degree.

What is the student count?

Currently, CATC has 100 students enrolled. The majority are Cheyenne and/or Arapaho, and the remaining represent an approximate 12 different tribes primarily from within the state of Oklahoma. In addition, some are non-Native American, which makes for a diverse student population.

What are the benefits of attending CATC?

At creation Tsistsistas and Hinónóéí (Cheyenne and Arapaho people) were given great minds with the ability to think and to learn. Consequently, they have always been visionaries and they made their decisions in terms of their impact upon the current and coming generations. One might characterize these cultures as being children-centered. Tsistsistas and Hinónóéí have always loved their children and have often said that they could see the future just by looking into their faces. They wanted and prayed for many good things for their children and grandchildren, including a good education. Simply stated they wanted their younger generations to be well educated because they believed in the power of the good mind. This was true in the past, and it is just as true today.

At CATC, students can get a good general education, which will equip them with the necessary skills and knowledge to seek employment in various job fields. They also can acquire an education consistent with their heritage as Cheyenne and Arapaho. They will acquire a strong cultural-based education that is unique to the tribal college, which will help them improve their quality of life as higher wage earners by entering the work force of Western Oklahoma and other regions. Ultimately, a degree from the Cheyenne and Arapaho Tribal College helps students be accountable to their ancestors in learning their ways and at the same time being able to pass on traditional tribal knowledge to the younger generations in terms of being visionaries and cultivating the "power of the good mind."

It is a proven statistic that 46 percent of employees today are ready or nearly ready for retirement. Companies need qualified individuals to replace retirees. CATC is prepared to assist individuals in achieving a brighter future through education, and by providing student support where needed. Students can obtain free tutoring through the CATC administrative offices.

Who can attend the college?

The college is a public institution offering courses to anyone interested in receiving a quality education.

Where is the college located?

As a result of a Memorandum of Understanding (MOU) entered into between the Cheyenne and Arapaho Tribal College Board of Regents and SWOSU on May 25, 2006, CATC is currently and temporarily located on the main campus of Southwestern Oklahoma State University, Weatherford, Okla. in the "Old" Science Building, First Floor, Suite 104.

How do I enroll?

The enrollment process can be completed easily with the assistance of the staff from CATC. The Administrative and Admissions Officer assists students in completing all necessary information. Students should allow ample enough time for the completion of all paperwork, and avoid enrolling in the tribal college at the last minute.

What scholarships are available?

Federal monies appropriated to the Bureau of Indian (Education) Affairs are distributed to tribes for allocation to students demonstrating need. CATC staff will contact the student's tribe for the correct procedure to apply for a tribal higher education grant. Need-based financial aid also is available to low-income undergraduate students as direct grants through the Federal Pell Grant Program. The amount of a pell grant is determined by the United States Department of Education using a standard formula established by Congress. Other nationwide scholarships are available through many foundations, organizations, private donors and civic clubs.

Where and when are the courses taught?

The majority of courses are scheduled in the evening and are offered by Interactive Video, which translates to sending a class into local communities. This scheduling arrangement provides adults with the opportunity to maintain a job and attend class in the evening.

Can language courses be sent out of state?

CATC working with the SWOSU Distance Education Department has the capability for "streaming" its language courses to Cheyenne and Arapaho communities and to reservations. Inasmuch, as CATC would like to serve the linguistic needs of tribal members out of state, there are regulations that prevent courses being sent across state lines.

Are dormitories available?

As a partner institution of SWOSU, CATC students utilize dormitories on the SWOSU campus. Currently, the university has two female dorms and three male dorms for students. Offsite apartments are also available in the community.

What degrees are offered through CATC?

Currently, CATC offers Associate of Science Degrees in Tribal Administration, American Indian Studies and General Education. A new program g' ssh gon ni h hoo ssto'mo ss ni 'ho,' which means "Children's Teachers" has been submitted for approval by the Oklahoma State Board of Regents. Upon completion of the degrees, a student has the opportunity to continue their education to achieve a bachelor's degree.

Who is on staff at CATC?

President

HENRIETTA MANN is a Cheyenne enrolled with the Cheyenne and Arapaho tribes located in Oklahoma. She earned a Bachelor of Arts degree from Southwestern Oklahoma State University in 1954, and a Master of Arts Degree from Oklahoma State University in 1970. In 1982, she earned her Doctor of Philosophy Degree in American Studies from the University of New Mexico, Albuquerque. She is Professor Emeritus in Native American Studies, Montana State University where she continues to serve as Special Assistant to the President. On leave from Montana State University she is the founding president of the Cheyenne and Arapaho Tribal College temporarily located on the campus of Southwestern Oklahoma State University, Weatherford.

Photo by Rosemary Stephens

The Cheyenne and Arapaho Tribal College staff: Gail Wilcox, Carol Whiteskunk, Alden Whiteman, Dr. Henrietta Mann, and Janice Prairie Chief Boswell.

Mann has been a professor/administrator at: The University of California, Berkeley; University of Montana, Missoula; Graduate School of Education, Harvard University; and Haskell Indian Nations University, Lawrence, Kan. She was the first person to fill the Katz Endowed Chair in Native American Studies at Montana State University, Bozeman. In 1991 Rolling Stone magazine named her as one of the ten top professors in the nation. Southwestern State Oklahoma State University inducted her into its Hall of Fame in 1997. The University of New Mexico Alumni Association honored her as its 2008 recipient of the Bernard S. Rodey Award for her leadership in education, and she also received the 2008 National Indian Education Association Lifetime Achievement Award. In 2009 Mann received the Legacy Award from Working Mother Media.

Vice President for Development and Planning

ALDEN A. WHITEMAN is an enrolled Southern Arapaho and Cheyenne member, who was born in Elk City, Okla. He holds a bachelor's degree from American University in Washington D.C. and a Master of Arts degree in Ethical Leadership from Duquesne University. He will be completing his second masters degree at Central Washington University in Natural Resources Management.

In addition to working for the Cheyenne and Arapaho tribes, he has been employed as the tribal liaison with the Corporation for National and Community Service, the umbrella organization for AmeriCorps Programs in Washington, D.C. He also has been employed with the U.S. Department of Health and Human Services and Administration for Native Americans, all of which total 12 years of federal service. His research interests are tribal gaming and applied leadership and he has delivered four papers on tribal casinos before the National Social Sciences and Technology Conferences in Las Vegas and the 52nd Congreso de Americanist in Seville, Spain.

Administrative and Admissions Officer

GAIL WILCOX, a native of western Oklahoma, holds a baccalaureate degree in computer science from Southwestern Oklahoma State University (SWOSU) and she is currently working on a graduate degree in management at SWOSU. After obtaining the graduate degree in management from SWOSU, Wilcox plans to pursue a graduate certificate in Native American Studies from Montana State University of Bozeman, Mont.

She serves as the administrative and admissions officer (AAO) for the Cheyenne and Arapaho Tribal College, and as adjunct faculty teaching computer science for the Cheyenne and Arapaho Tribal College and Southwestern Oklahoma State University. Wilcox was employed at SWOSU for approximately ten years before joining the Cheyenne and Arapaho Tribal College staff where she has been recognized as Employee of the Year. While working in the Office of the Dean of Arts and Sciences, SWOSU, she was a member of the planning committee for the Cheyenne and Arapaho Tribal College. Her position as AAO allows her the opportunity to work directly with students by enrolling, advising, assisting and motivating them to either consider or enroll as students of the Cheyenne and Arapaho Tribal College.

Recruiter/Faculty

JANICE L. PRAIRIE CHIEF BOSWELL, Cheyenne, grew up in western Oklahoma and holds a bachelors degree and masters degree in history from Southwestern Oklahoma State University. She also earned an Associate of Science degree, graduating in the first class from the Cheyenne and Arapaho Tribal College.

She has worked with the Cheyenne and Arapaho tribes as coordinator/manager for the Cheyenne and Arapaho daycare center, coordinator for the Elder Care program, and for the Adult Education Department. She also served one term as the Cheyenne District-3 legislator for the tribes. Boswell is the recruiter/faculty for the Cheyenne and Arapaho Tribal College, who enjoys attending career fairs and meeting with students, especially

See college, page 7

Navajo politics turn sour over move to cut council

(FLAGSTAFF, Ariz.) - An ongoing political battle pitting the president of the vast Navajo Nation against the majority of the tribal council has left ordinary Navajos concerned that the politicians have become too engrossed in petty fights to do the work they were elected to do.

The Navajo Nation Council stripped President Joe Shirley Jr. of all his administrative powers in late October over so-far unsubstantiated allegations of ethical and criminal wrongdoing. The elected president's supporters say the action came in retaliation for his push to reduce the tribe's council from 88 to 24 members and secure a line-item veto on appropriations legislation.

Critics on the council say Shirley is carrying out a personal vendetta and unfairly targeting them.

More than a year after Shirley first raised the smaller-council issue, voters on the 27,000 square mile reservation that covers parts of Arizona, New Mexico and Utah will decide the issue later this month in a special election.

The back-and-forth between the legislative and executive branches has created a sense of instability in what is still a relatively new form of government on the country's largest American Indian reservation.

``We don't have leadership,'' said Wally Brown, a Navajo silversmith from Coppermine, N.M. ``We have a bunch of people who seem to be focused on their individual agendas, and their individual agendas get in the way of things we really need to have Navajo Nation-wide.''

Brown said he's worried the council is pushing the tribe toward bankruptcy because of the money they are spending on their pet projects. The tribal auditing office announced this week that it was initiating a comprehensive review of all discretionary spending by the council and the president's office.

In the 19 months since Shirley announced a petition drive for his two initiatives, he and council Speaker Lawrence Morgan embarked on separate campaigns to persuade Navajo voters in the election and to discredit each other.

Some Navajos say the political squabble is out of keeping with the basic tribal cultural beliefs of mutual respect, harmony and compromise.

The waters calmed briefly when Morgan and Shirley announced an agreement in August 2008 to reduce the council. But lawmakers never followed through, and the rift reignited.

Talk of the initiatives and their potential effects has dominated the opinion pages of the tribal newspaper. One writer likened the politicians to the coyote, which is depicted in traditional Navajo stories as a greedy, selfish animal who uses trickery to get what he wants.

Council delegates and Shirley have bought radio time and taken out newspaper advertisements to advocate for their positions. Separate Web sites offer conflicting ``facts'' about the effects of having fewer lawmakers.

To Shirley, the fight has been an effort to curtail what he calls excessive spending by the council and fulfill the wishes of Navajos who voted in a 2000 referendum for a reduced Tribal Council.

Some delegates see Shirley's push as an attack on the rights of their communities to have representation.

The matter reached the Navajo Supreme Court earlier this year, where the justices chastised an attorney for the tribal election office after he questioned their ability to remain unbiased in the case. The court ruled the election could move forward, and was set for Dec. 15, 2009.

In the council's boldest move, 48 delegates voted to place Shirley - who was

See politics, page 11

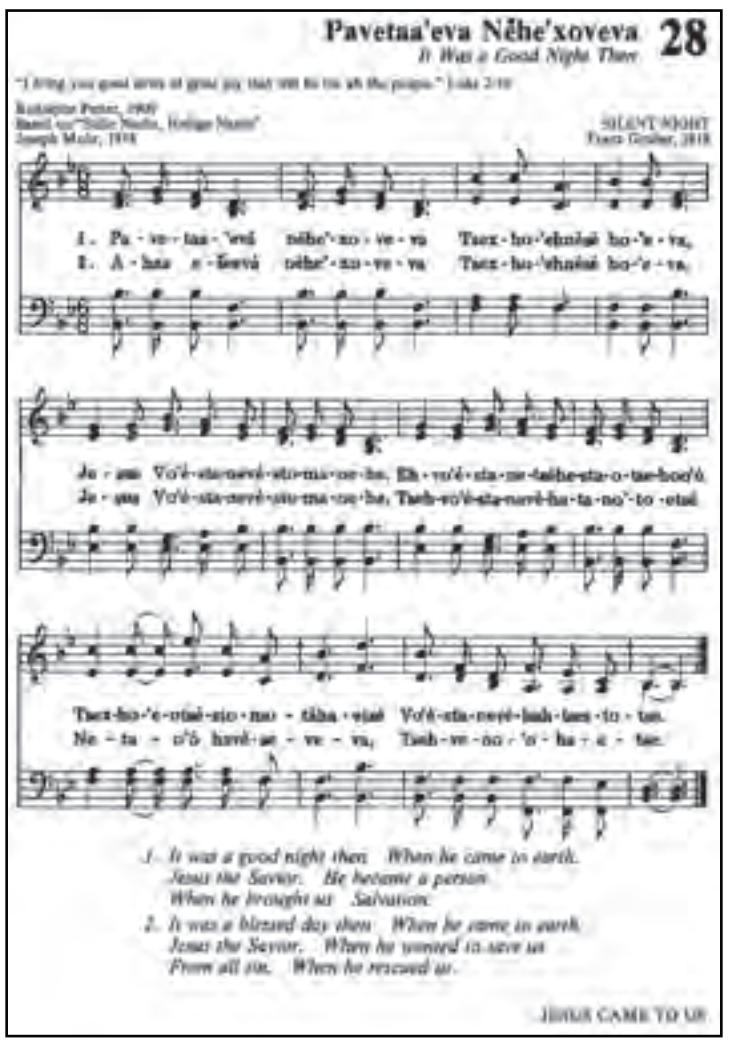
family

Continued from page 4

ily, we sought help through Calm Waters in Oklahoma City for my brother's daughters. We joined support groups called Survivors of Suicide and the Association to Prevent Suicide. The differing beliefs about suicide in different cultures and societies tend to make a survivor of suicide want to isolate. Healing is a long and slow process and the help of others is the key to that healing.

I have heard many times that time will heal all wounds. I have learned that time doesn't heal the wounds of surviving suicide. Time enables the survivor to learn to live with the loss, the tragedy, the waste and the gaping hole in the fabric of one's life. The ones left behind. There is no closure but there is a hope that somewhere, somehow one life will be saved because of my story.

Cheyenne Christmas words

1. **Tsé'ôhkê-hoésanéstove** Christmas, when there is hanging (of things on trees).
2. **É-hoésanéstove**. It's Christmas time. There is no term specifically referring to any religious aspect of Christmas, although Tséxhestaótsêse Vo'êstanévêstómanéhe' when the Savior was born' has been suggested', but this is not in common usage.
3. **Hoésanestôtse** - Christmas. Hanging of things on (Christmas) trees.
4. **Métâhtsé-hoésenestôtse** - Christmas – giving to one another – hanging (on tree) (that is, speaks of giving of presents to one another and hanging of gifts on a tree).
5. **Hesta'se-veho'e** - Santa Clause - usage: neologism. literally: snow whiteman
6. **méahtove** - be a gift. **É-méahtove** - it's a gift.
7. **méahtôtse** - gift. **aéstomeméahtôtse** - a free gift.
8. **váótséva** - deer. plural: **váotseváhno**.
9. **hesó'xo'anëö'o** – sled Literally: slippery wagon.
10. **Vé'keemähpestse tse-ohke-meahtotsetse**: candy that is a gift. (sack treats) (vé'keemähpestse – candy; oó'xôseonôtse – nuts; heóvema'xemene – orange; má'xeme – apple).

Pavetaa'eva Nêhe'xoveva 28
It Was a Good Night Then
SILENT NIGHT
1. Pa - ve - taa - 'eva nêhe' - xo - ve - va Tsez - ho - 'ehnêsê ho - 'e - va,
1. A - haa e - 'êsevá nêhe' - xo - ve - va Tsez - ho - 'ehnêsê ho - 'e - va,
1. It was a good night then When he came to earth.
Jesus the Savior. He became a person
When he brought us Salvation
2. It was a blessed day then When he came to earth
Jesus the Savior. When he vowed to save us
From all sin. When he rescued us.
JESUS CAME TO US

Hamburger-Cabbage-Tomato Soup Casserole

Submitted by Forrest Little Bird

Cooking with commods

Ingredients:
1 lb. hamburger or ground buffalo
1 small onion, chopped
4 to 6 c. shredded cabbage
1 can tomato soup,undiluted

Directions:
Grease large baking dish or casserole bowl.
Brown hamburger with onion, drain excess grease. Place cabbage in baking dish. Top with hamburger and tomato soup. Bake at 350 degrees for about one hour or until cabbage is tender.
Variations: mushrooms and grated cheese can be added when nearly done.
Makes 4-6 Servings
Prep Time: 10 min
Cook Time: 60 min

Blood

Continued from page 1

an abrupt end.

The first attempt to pass the resolution failed on Sept. 5, 2009 with a vote of 98 against, 88 in favor of and one abstaining. Two main concerns arose at the Sept. 5, 2009 meeting; one was to lower the blood quantum so more children would be eligible to receive college funding, since being a member of a federally recognized tribe is often a prerequisite for many Native American scholarships. The second main concern for some voters at the last meeting was the possibility of the per capita payment amounts being lowered if more people were on the tribes' roll.

EATING well for DIABETES

By Kristie Purdy, MA, RD/LD
C&A Diabetes Wellness Program

Holiday weight gain, healthy alternatives

'Tis the season for pies, cakes, cookies, hot chocolate, spirits and holiday treats. With such abundant sweets and snacks starting with the leftover Halloween candy, stuffing ourselves through Thanksgiving and Christmas, and toasting onto the new year, many of us tend to eat just a little more than we planned.

Studies suggest many people gain an average of one extra pound of weight during the holiday season. One extra pound may not sound like a lot, but that little extra pound can add up over the course of a lifetime.

Excess weight can put excess strain on our heart and joints. This excess strain can be dangerous for all individuals, but especially those individuals who have existing health problems such as diabetes, high blood pressure, and heart disease. With a little planning, weight gain can be prevented and you can still enjoy a healthy and happy holiday season with family and friends.

To help make your holiday meals healthier, many traditional holiday foods can be modified. Any recipe can be made in a healthier way. The following holiday foods offer examples:

Stuffing
- Use low-fat margarine.
- Substitute egg whites or Egg Beaters for the whole eggs.
- Replace the pork sausage with chicken or turkey sausage.
- Add fat-free, low-sodium chicken broth.
- Choose whole-grain bread.

Sweet Potato Casserole
- Substitute egg whites or Egg Beaters for the whole eggs.
- Use lite margarine, or reduce the margarine amount and add some applesauce to the sweet potato mixture.
- Make with fresh sweet potatoes instead of canned sweet potatoes.
- Choose pineapple packed in its own juice instead of the kind in heavy syrup.
- Add a cut-up apple to the streusel topping, and cut down on the amount of pecans.

Mashed Potatoes
- Use low-fat cream cheese or light butter.
- Replace some of the potatoes with steamed cauliflower (it sounds odd, but it works).
- Substitute 2 percent milk or low-fat buttermilk in place of the heavy cream.

Here is some additional "food for thought." Below are some examples of how many calories are in some of our favorite holiday foods and how many calories are burned through participating in certain activities: (See chart below).

While it is okay to still enjoy rich foods during the holiday season, keep in mind the holidays are only days, they are not weeks or months that have to be filled with overindulgence. However you choose to spend your holidays, remember portion control, moderation, and regular physical activity. By doing these three things, you can make a step in the right direction to avoiding holiday weight gain. Happy Holidays!

For questions concerning nutrition, diabetes or weight management, please contact the

C-A Diabetes Wellness Program at (405)422-7688. Information adapted from RD411.

Calories In

- 1 piece of pecan pie (1/8 of 9" pie): 456 calories
- 1 cup eggnog made with whole milk: 343 calories
- 3 oz beef brisket (lean & fat eaten): 281 calories
- ¼ cup cheese ball: 248 calories
- 1 glazed donut: 250 calories
- 1 sugar cookie (4" diameter): 119 calories
- 1 cup stuffing: 360 calories

Calories Burned

- 1 hour wrapping gifts: 98 calories
- 1 hour grocery shopping: 146 calories, 30 minute brisk walk: 180 calories
- 1 hour housework: 240 calories
- 1 hour bowling: 240 calories
- 30 minutes shoveling snow: 180 calories
- 1 hour basketball: 360 calories
- 45 minutes kickboxing: 450 calories

BRIEFS

Roles and Responsibilities for Supervisors, Secretaries, Board Members and Administrative Support Staff Seminar

Dec. 28-29, 2009 at the Monumental Movieland Hotel in Orlando, Fla. For more information visit www.jdaltoninstitute.com/seminars.html.

Native American Professional Development Conference

Jan. 10-11, 2010 at the University of California Student Center in Irvine, Calif. For more information call Nikishna Polequaptewa at (949) 824-6251 or by email at nikishna@uci.edu.

Tribal Enrollment Staff and Board Member Standards Testing and Certification Session

Jan. 11-12, 2010 at the Tropicana Casino and Hotel in Las Vegas, Nev. For more information or to register visit www.jdaltoninstitute.com.

Enrollment Survival Skills

Jan. 12-13, 2010 at the Marriott Downtown in Anchorage, Alaska. For more information or to register visit www.dciamerica.com.

Protecting Tribal Sovereignty and Critical Issues for Tribal Attorneys and Tribal Leaders

Jan.13-14, 2010 at the Tropicana Casino and Hotel in Las Vegas, Nev. For more information visit www.jddaltoninstitute.com/seminars.html.

The 2009 Organic Conference and Trade Show

Jan. 15-16, 2010 at the St. Cloud Convention Center in St. Cloud, Minn. For more information contact Daria Riley at (651) 201-6140 or visit www.mda.state.mn.us.

Robert's Rules of Order for Native Board Members

Jan. 14-15, 2010 at the Marriott Downtown in Anchorage, Alaska. For more information or to register visit www.dciamerica.com.

The American Indian Library Assocation 2010 Midwinter Conference

Jan. 15-19, 2010 at the Boston Convention and Exhibition Center in Boston, Mass. For more information visit www.ala.org.

NAHASDA Native American Housing Assistance and Self-Determination Act

Jan. 19-20, 2010 at the South Point Hotel and Casino in Las Vegas, Nev. For more information visit www.falmouthinstitute.com.

Coding Principles for Third Party Reimbursement in Indian Country

Jan. 19-21, 2010 at the South Point Hotel and Casino in Las Vegas, Nev. For more information visit www.falmouthinstitute.com

Practical Tools and Solutions for Sustaining Family Farms Conference

Jan. 20–23, 2010 at the Chattanooga Convention Center in Chattanooga, Tenn. For more information or visit www.ssawg.org/conference-media.html.

Records Management for Tribal Organizations

Jan. 20-21, 2010 at the South Point Hotel in Las Vegas, Nev. For more information visit www.falmouthinstitute.com.

Geary Nursing Home

An enterprise of the Cheyenne and Arapaho Tribes

Submitted article/photos

We had four admissions in November. Our newest residents are Ida "Myrtle" Black, Clarence Vontunglen and a male resident that we acquired from Kingfisher.

Our Thanksgiving dinner was a great success. The staff brought covered dishes and had dinner with the residents. Our home is now decorated for Christmas and we are preparing for our holiday festivities. The residents made homemade bird feeders from pinecones, peanut butter and birdseed and also decorated pinecones for our tree.

We have several activities planned this month, which includes Christmas caroling from the local churches, entertainment from the grade school kids and a trip to Yukon to see the Christmas lights.

We would like to send our condolences to the families of Minnie Rogers of Greenfield and Eldon Bearbow of Lawton, Okla.

We are still taking donations for Christmas gifts for the residents. We now have seven women and 13 men.

Our November birthdays are Arieta Linton, Spec Blevins and Virgil Perry

Myrtle Black is our newest resident

college

Continued from page 5

talking to them about their futures. She feels she is planting the seeds of empowerment in students' minds by getting them to think about going to college, particularly at a younger age that will give them the initiative to pursue higher education

Administrative Assistant I

CAROL WHITESKUNK comes from the Red Moon community on the western edge of Cheyenne and Arapaho territory. She left home to attend Haskell Institute, now Haskell Indian Nations University in Lawrence, Kan. She has been employed as administrative assistant for the Cheyenne and Arapaho Tribal College (CATC) since December 2007. While serving the students and working for the tribal college, she completed her bachelors degree at Southwestern Oklahoma State University (SWOSU), as well as being in the first graduating class from CATC.

Her interest in college became visible when she participated in Upward Bound at SWOSU, which opened a window of opportunity for her to see the outside world from a small town perspective. Whiteskunk's grandfather was a Cheyenne chief who saw a need for education even though he never received a formal education. He expanded his traditional tribal leadership role to serve on the tribal Business Committee as a representative from Cheyenne District-4. In reflecting upon her life Whiteskunk said, "I ran into many brick walls, but I came through with my goal of earning a college degree." She believes that the tribal college offers more classes and associate degrees to further higher education here at home, and that there are people from a diverse environment willing to help Cheyenne's and Arapaho's preserve their cultures in a contemporary America.

H.O.P.E. EVENTS

The Southwestern Oklahoma State University **(SWOSU**) Honoring Our Peoples Existence (**H.O.P.E.**) formally known as the Native American Club will have the following events:

December

14 - Club meeting 6:30 p.m.

20 - Community/Faith-base Services 10-11:30 a.m.

20 - Community/Faith-base Services 10-11:30 a.m.

23 - Christmas Comfort Basket presentation to the Indian Baptist Church of Weatherford

CONTACT OFFICERS: Michelle Bigfoot, president (580) 816-0601/ Brandon Norris, vice-president (580) 302-4395/ Loni PrairieCheif, secretary (580) 816-0461

Video storytelling to be offered at CATC in spring semester

Submitted article

The Cheyenne and Arapaho Tribal College video storytelling class will focus on the uses of media technology to assist the Cheyenne and Arapaho language classes with complimentary and supportive media projects that work with the ongoing curricula.

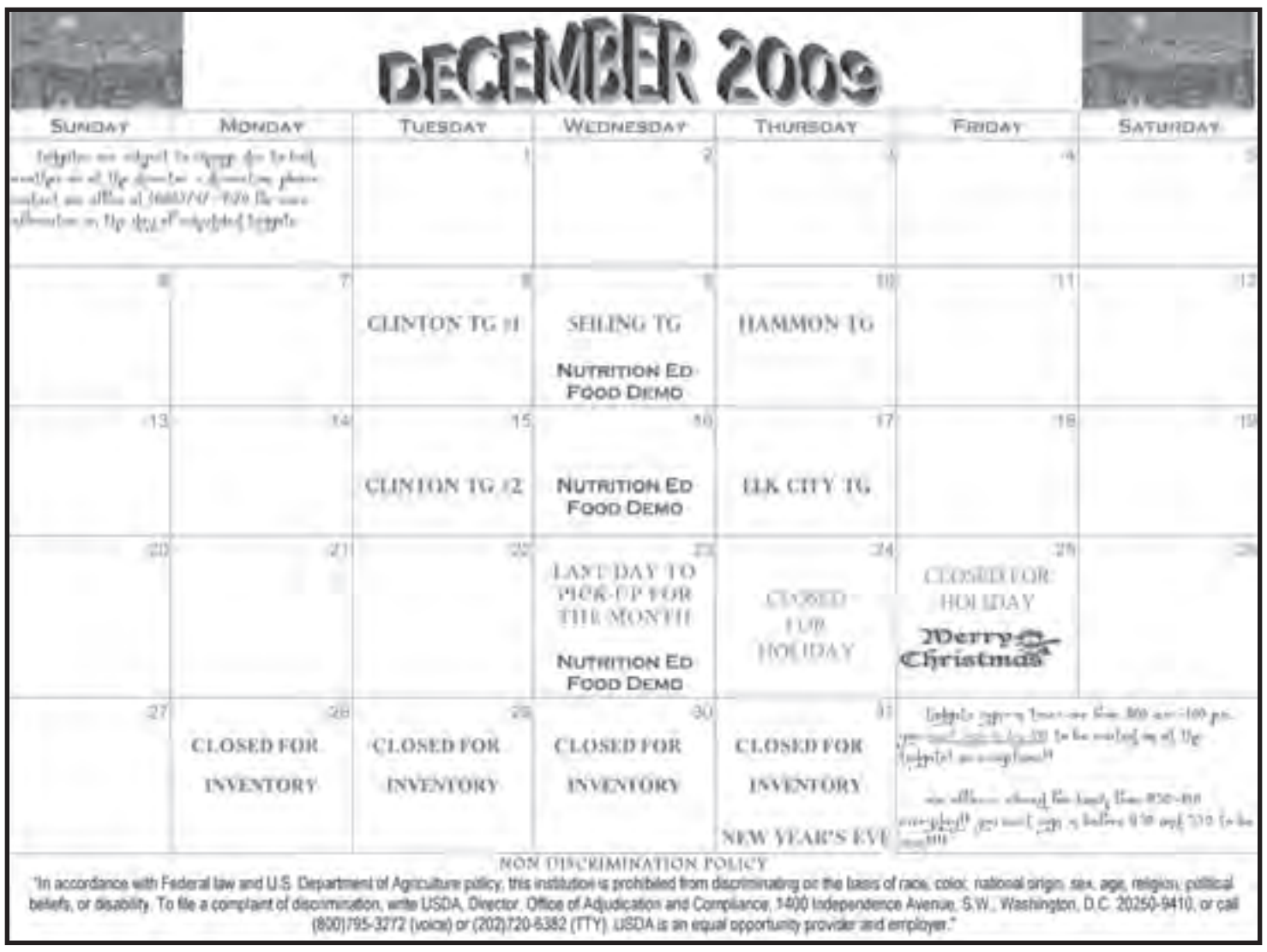
The class will develop the skills to utilize media and technology to expand and enhance the accessibility of the Cheyenne and Arapaho languages. Video storytelling classes will allow the oral tradition to become readily available to students and all Cheyenne and Arapaho tribal members interested in preserving the Cheyenne and Arapaho languages.

CATC Spring 2010 Course Offerings:

Prefix	Course	Section	Course Title	Day	Time
CATC	1214	4803	Cheyenne Language II	MW	5:15 – 7:00
CATC	1264	4804	Arapaho Language II	MW	5:15 – 7:00
CATC	2203	4801	American Indians Today	W	7:10 – 9:40
CATC	1513	4805	American Indian Belief Systems	T	5:15 – 7:40
CATC	2143	4811	Plains Indian Art	MW	6:45 – 8:00
CATC	2513	4806	On Self-Determination Contract II	T	5:45 – 7:50
CATC	2233	4807	Tribal Government II	R	5:15 – 7:40
CATC	1553	4802	Literature of the American Indian	R	5:15 – 7:40
CATC	1402	4808	C&A Constitution	M	7:10 – 8:40
CATC	1515	4809	Video Story Telling	ARR	
CATC	1515L	4810	Video Story Telling	ARR	

Ms. Janice Boswell
Recruiter/Faculty
Cheyenne and Arapaho Tribal College
Phone: (580) 774-6026
janice.boswell@swosu.edu

Ms. Gail Wilcox
Administrative and Admissions Officer
Cheyenne and Arapaho Tribal College
Phone: (580) 774-3139
gail.wilcox@swosu.edu


DECEMBER 2009
SUNDAY
MONDAY
TUESDAY
WEDNESDAY
THURSDAY
FRIDAY
SATURDAY
CLINTON TG #1
SEILING TG
NUTRITION ED FOOD DEMO
HAMMON TG
CLINTON TG #2
NUTRITION ED FOOD DEMO
ELK CITY TG
LAST DAY TO PICK-UP FOR THE MONTH
NUTRITION ED FOOD DEMO
CLOSED FOR HOLIDAY
Merry Christmas
CLOSED FOR INVENTORY
CLOSED FOR INVENTORY
CLOSED FOR INVENTORY
CLOSED FOR INVENTORY
NEW YEAR'S EVE
NON DISCRIMINATION POLICY
"In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, religion, political beliefs, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication and Compliance, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, or call (800)795-3272 (voice) or (202)720-6382 (TTY). USDA is an equal opportunity provider and employer."

CALENDAR of Events

C-1 Christmas dinner

At 5 p.m. Dec. 16, 2009 at Canton Community Hall for Canton-Longdale Cheyenne and Arapaho tribal members.

C-1 Christmas dinner

At 5 p.m. Dec. 17, 2009 at Pioneer Hall for Woodward Community.

Cheyenne and Arapaho tribes Employee Committee Christmas Bazaar

From 10 a.m. to 5 p.m. Dec. 17 and 18, 2009 at the Concho Community Hall in Concho, Okla. All vendors are welcome. For more information, call Annette Howell at (405) 422-7552.

Fourth annual Nawah/Numshims Christmas powwow

Dec. 19, 2009 at the Concho Community Hall. Gourd dancing at 2 p.m. and supper at 5 p.m. For more information, call Merle Bigmedicine at (405) 266-0002.

C-1 Christmas dinner

At 5 p.m. Dec. 19, 2009 at Seiling-Fonda Community Hall for Seiling Community.

Christmas Train

Dec. 19, 2009 at the Oklahoma Railway Museum in Oklahoma City. Christmas train ride, including the *Polar Express* story, hot chocolate, and Santa Claus. For more information call (405) 424-8222.

A Native American Christmas Story

At 7 p.m. Dec. 19-20, 2009 at Glorieta Baptist Church in Oklahoma City. For more information, call (405) 632-3365.

Watonga Christmas powwow gourd dance

At 3 p.m. Dec. 25-26, 2009 at Watonga Multi-Purpose Center. Dinner at 5 p.m. Contest in all categories.

FireLake New Year's Celebration

Dec. 31, 2009 at the FireLake Grand Casino in Shawnee, Okla. Midnight fireworks display. Fore more information call (405) 868-4862.

Opening Night

Dec. 31, 2009 in Oklahoma City. Live concerts and family fun. Fireworks display. For more information visit www.artscouncilokc.com.

OKC powwow club New Years dance

Jan. 2, 2010 at the Oklahoma State Fair Grounds Centennial building (Kitchens bldg). Everyone welcome. Gourd dance 2-5 p.m., supper 5-6 p.m., gourd dance 6-7 p.m. and grand entry 7 p.m. Booth space $50, call Glenn Rollo at (405) 885-2569. For more information call Yonavea Hawkins at (405) 919-1572.

Comanche Little Ponies New Year's day powwow

Jan. 1, 2010 at the Grady County Fairgrounds in Chickasha, Okla. Cedar ceremony at noon, gourd dancing/specials 1-6 p.m., supper 6-7 p.m. and grand entry at 7 p.m. Vendor space available. For more information contact Lowell Nibbs at (580) 583-5279.

Kiowa Tia-Piah Society Benefit powwow

Jan. 16, 2010 at the Comanche Nation Community Center in Apache, Okla. For more information, call Wallace "Hokeah" Bointy at (405) 933-3862.

Chasing the Sun powwow and 10K

Feb. 19-21, 2010 at the University of Phoenix Stadium in Glendale, Ariz. First powwow held in a NFL stadium. $100,000 in total prize money. For more information, visit www.nabihoops.com.

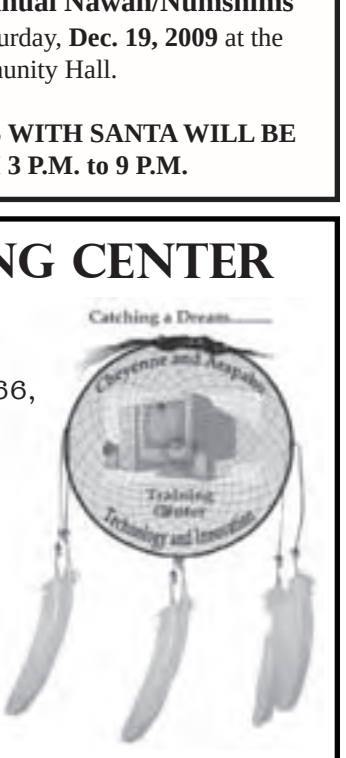
PHOTOS WITH SANTA

The Cheyenne and Arapaho media students will have a booth at the annual **Fourth annual Nawah/Numshims Christmas powwow** on Saturday, **Dec. 19, 2009** at the Concho Community Hall.

FREE DIGITAL PHOTOS WITH SANTA WILL BE PROVIDED FROM 3 P.M. to 9 P.M.

CATI TRAINING CENTER

Canadian Square
Shopping Center
1621B East Highway 66,
El Reno, OK 73036



CATI Training Center Offers:

Open Lab

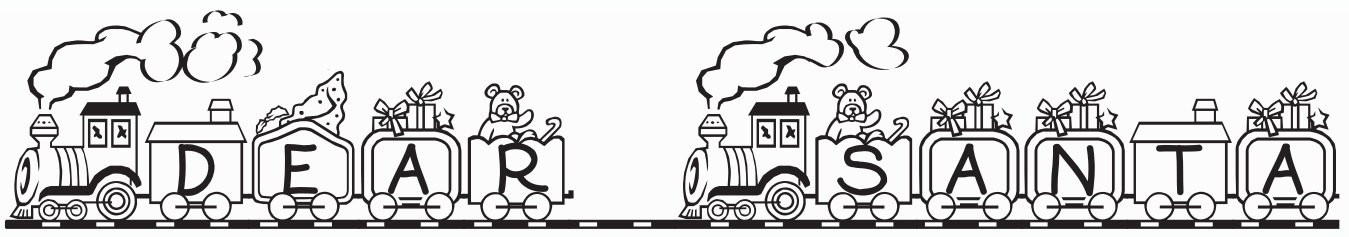
Training in:

Microsoft Office 2003, Word, Excel, Access, Power Point, Microsoft Office 2007, Word, Excel, Access, Power Point.

Call (405) 262-1906 or (405) 422-7638, or drop in. Open from 8 a.m. to noon and from 1 p.m. to 5 p.m. Monday through Friday. Closed Dec. 22-25, 2009.

A.A meetings 7 p.m.-Every Wednesday
N.A. meetings 7 p.m.-Every Thursday
George Hawkins Memorial Treatment Center
For more information (580) 331-2370

Merry Christmas



Concho Head Start

Concho Head Start
Student: **Aurelia**
Gift: Barbie Dolls & Barbie Brush

Concho Head Start
Student: **Christian**
Gift: Toy Cars & Spiderman toy

Concho Head Start
Student: **Jamie**
Gift: Dora doll & Play make-up

Concho Head Start
Student: **Yolanda**
Gift: Barbie doll & Toy dishes

Concho Head Start
Student: **Joseph**
Gift: Toy School Bus & Dr. Seuss Book

Concho Head Start
Student: **Christian**
Gift: Cars & Spiderman toys

Concho Head Start
Student: **Israel**
Gift: Toy Camel & Toy Tiger

Concho Head Start
Student: **Merlin**
Gift: Big toy car & Lego blocks

Concho Head Start
Student: **Ruby**
Gift: Play Computer & Play Phone

Concho Head Start
Student: **Riversage**
Gift: Toy Rhinoceros & Toy Fox

Concho Head Start
Student: **D'Lynna**
Gift: Barbie doll & Play make-up

Concho Head Start
Student: **David**
Gift: Toy cars & Transformer

Concho Head Start
Student: **Nakaya**
Gift: Pretty Dress size 4 & and a Crown

Concho Head Start
Student: **Justice**
Gift: Princes Doll & Size 4 Dress

Concho Head Start
Student: **Larissa**
Gift: Dora toys

Concho Head Start
Student: **Samuel**
Gift: Toy cars & Lego blocks

Concho Head Start
Student: **Jade**
Gift: Baby doll & Magic easel

Concho Head Start
Student: **Edward**
Gift: Spiderman & Spiderman toys

Concho Head Start
Student: **Hubert**
Gift: Spiderman & Venom man

Concho Head Start
Student: Julia
Gift: Baby doll & Dora toys

Concho Head Start
Student: **Zoey**
Gift: Baby doll & Toy make-up

Concho Head Start
Student: **Lindsay**
Gift: Barbie doll & Barbie car

Concho Head Start
Student: **Selso**
Gift: Toy Cars & Big Truck

Concho Head Start
Student: **Annalysa**
Gift: Barbie doll & Play horse

Concho Head Start
Student: **Braydon**
Gift: Toy Dinosaurs & Toy Car

Concho Head Start
Student: **Kaleigha**
Gift: Dora doll & Dora toys

Concho Head Start
Student: **Serenity**
Gift: Barbie doll & Books

Concho Head Start
Student: **Lylah**
Gift: Baby doll & Play dough with accessories

Concho Head Start
Student: **K'lanna**
Gift: Barbie doll & "Princess Protection Program" (Disney Movie)

Concho Head Start
Student: **Niehhi**
Gift: Batman Action Figure & a dog

Concho Head Start
Student: **Trenton**
Gift: Scooter & Skateboard

Concho Head Start
Student: **Hunter**
Gift: Batman action figure & Dump truck

Concho Head Start
Student: **Kimimilah**
Gift: Cinderella doll & Pretty dress size 4

Concho Head Start
Student: **Charlie**
Gift: Batman & Remote control car

Concho Head Start
Student: **Erin**
Gift: Barbie doll

Concho Head Start
Student: **Madison**
Gift: Princess out fit & Strawberry Shortcake Movie

Concho Head Start
Student: **Kiersten**
Gift: Princess Out fit & High School Musical Video

Concho Head Start
Student: **Ashton**
Gift: Batman & Superman Action Figure

Concho Head Start
Student: **Alicia**
Gift: Princess Out fit & Barbie doll

Concho Head Start
Student: **Luis**
Gift: Sponge Bob Movie & Dump truck

Concho Head Start
Student: **Rockyboy**
Gift: Batman & PSP portable play station

Concho Head Start
Student: **Hennesy**
Gift: Nintendo DSI & Barbie doll

Concho Head Start
Student: **Ashley**
Gift: Princess doll & Nintendo DSI

Concho Head Start
Student: **Jaquelline**
Gift: Teddy Bear & Princess Barbie doll

Concho Head Start
Student: **Kaylee**
Gift: Barbie doll & Princess Dress size 4

Concho Head Start
Student: **Ethan**
Gift: Fireman figure & Fire truck

Concho Head Start
Student: **Jacob**
Gift: Cowboy Boots & Cowboy Hat

Concho Head Start
Student: **Alex**
Gift: Toy Dump truck & The Hulk action figure

Concho Head Start
Student: **Carter**
Gift: Toy Dump Truck & G.I. Joe Action Figure

Concho Head Start
Student: **Christianna**
Gift: Ariel doll & Cinderella & Snow White Doll

Concho Head Start
Student: **Hunter N.**
Gift: Transformer truck & 3-Wheeler

Concho Head Start
Student: **Marcus**
Gift: Remote control racecar & Big truck

Concho Head Start
Student: **Lahtia**
Gift: Blue Clues Doll & Books

Concho Head Start
Student: **Sheridan**
Gift: Dog & Riding Horse

Concho Head Start
Student: **Jordan**
Gift: Candy & Toy Cars

Concho Head Start
Student: **Nazhoni**
Gift: Baby doll & Barbie doll

Concho Head Start
Student: **Nevin**
Gift: Transformer & Spiderman action figure

Concho Head Start
Student: **Gabriel**
Gift: Spiderman & Venom man action figure

Concho Child Development Center Toddler Christmas Wish List

Christopher W. (2yrs)
Hot wheel cars, basketball

Jerin S. (2yrs)
Cars, trucks, drums

Giles W. (2yrs)
Fishies and Diego

Rachel S. (2yrs)
Baby Dolls, Princess

Drelyn M. (14mos)
Baby Dolls, Books and a princess

Jacen B. (16mos)
Sports balls, Dinosaurs, trains

Elicia H. (23mos)
Dress-up toys, books, baby dolls

Jameason B. (2yrs)
Dinosaurs, cars, trucks, and drums

Jurnee B. (20mos)
Baby dolls, dress up toys, dishes

Sophia P. (19mos)
Baby dolls, bells, dress up toys

Concho Child Development Center Preschool Class

Joshua B. (3 yrs old)
Please bring me Blue and Green Dinosaurs, Snake Eyes, a cage for my dogs, and a cat!

Bradley I. (3 yrs old)
I want some Dinosaurs and a scary movie.

Tina O. (3yrs old)
Please bring me a baby doll, Barbies, Dresses for my Barbies oh and a bed for my Baby Doll.

Jack B. (4yrs old)
I would like some Spiderman and Transformer Toys. Thank you!

Trinity B. (3yrs old)
I want a big ole vacuum, a Tiger, and I want two puppies.

Johnny S. (3yrs old)
Please bring some cars and trucks and I want a horse to ride.

Hubert Y. (3yrs old)
Santa please bring me a battery operated car with a race track.

Larissa S. (3yrs old)
I would like a Princess Dress, and Barbie Dolls and please hurry!

Michael H. (4 yrs old)
I like Cars and Helicopters and Ninja Turtles, and bring mom a Dinosaur.

Nikota H. (7yrs old)
I would like a new Barbie Doll and a Baby Alive and my mom would like a new ring!

Cameron L. (6yrs old)
I would like Buzz Light Year, Space Wings, a Shark Fin, Slinky the Dog from Toy Story and a Candy Cane

Adrian (2yrs old)
I love Elmo!

Concho Child Development Center

How Does Santa Claus get in your house?

~**Tina**~ He knocks on the door

~**Trinity**~ He opens the gate and says "Surprise!"

~**Johnny**~ He gets in the door.

~**Joshua**~ My mom unlocks the door

~**Bradley**~ The door, yeah!

~**Michael**~ Down the Chimney

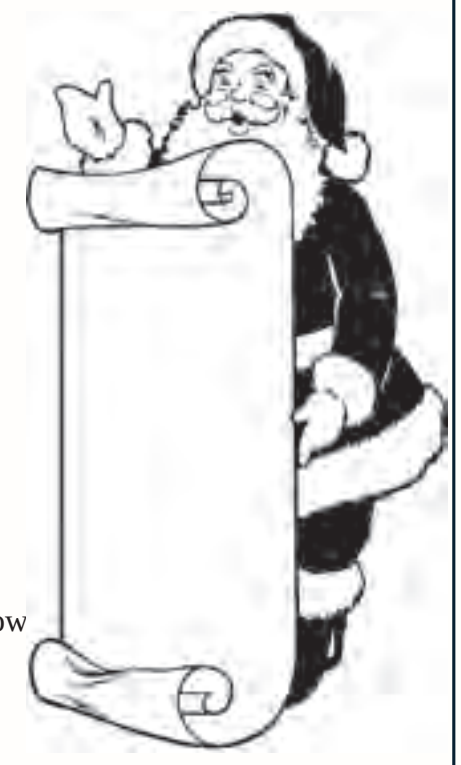
~**Nikota**~ Down the Chimney

~**Cameron**~ On the Roof

~**Hubert**~ He comes up the stairs

~**Hunter**~ He comes in the window

~**Jack**~ He walks in the door



Dear Santa,

We've all been good kids. There is a lot of us (6) from 5 to 15 years old or young. Our wish list is BIG. So here we go: Nintendo games, clothes, DVD player, girls boots with fur, chapter books, Hanna Montana phone, blue bike, High School Musical tickets, 100 Legos, cars, Hot Wheels bike, A puppy –no cats-, socks and some front teeth, skater pants from Zumies, new decks, trucks, snuggles and boy baby doll.

Thank you Santa,

Coty Doyah, Ray Doyah, Caylynn Little, Destiny Morton, Stephanie Doyah and Lance Doyah. Kidz from da compomd. Luv ya Santa.

Dear Santa,

My name is Dustin and for Christmas I was wantin a MR. Potatoe Head, Slinky, Woody and Buzz Light Year. Ping Pond paddles and a ball would be good. Roller skates with knee pads. Fishing pale with whole bunch of stuff in the tackle box! A butterfly net to catch pretty things. Flip-flops that will honk when I walk. Rock 'em Sock 'em Robots. Space helmet with a space suit. A bag full of Army men would be awesome. A sled with a couple of sled dogs. Couple of OU jerseys, one for home games the other for away games. A pet rabbit would be great also a pot bellied pig. Anything else that you figure I would enjoy. Mom says I have been a good son this year. I will leave cookies out for you when you pass thru. Keep safe all thru the night.

Dustin C. White Buffalo

Dear Santa,

My name is Geep and mom says I been awesome all year long. I'm just writing to let you know what would be great for Christmas this year for me. A real fast scooter so I can make it down to the park quickly. A laser light for nite time. A gerbil to show my friends. Remote control helicopter. A whole bunch of fireworks to bring in the new year. A bowling ball to roll down the alley. A new stereo that goes loud, new T.V. that catches whole bunch of channels. A harmonica to toot and tweet to my gerfren. I will leave a smidge batch of hay for the rain deer when you come by. Tell Mrs. Claus I said Heller! Be glad when you come by. Safe flight!

Geep Meely

Dear Santa,

My gran-ma been telling me I should receive whole bunch of presents under the tree. I would like to let you know, I would like to have 2 real shiny six shooters with keen cowboy boots with spurs, stick horse would be great along with those. A real fast bicycle to push down the road. A magnifying glass so I can look at roly-poly's. A real loud guitar with drum set. A machine gun with Army man gear would be awesome. A dart board. A new puppy to watch my back yard would be enough I guess. I will leave you some good snacks the night when you come. Fly safe and keep warm. Toodle!

Uriah D. Rice

Dear Santa,

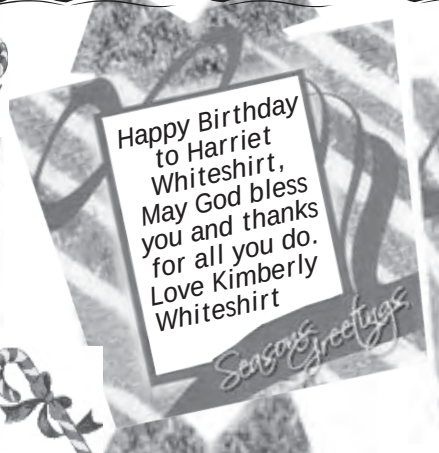
All the year long, I have been a well-mannered, polite lil boy. I was wanting to let you know what is on my Christmas list this year. A tetherball thang for me and my brothers. A real hoss lookin motorsickle that will make me look cool with a helmet with OU on it. Don't have to have a guard or strap cause I have a shoestring. A big giant plastic sled so I can slide down the hill. A fish tank with bunch starfish and sea horses. New shoes that light up when I walk around. A new grill would be great, a buffalo tied up to it also. And your specially invited to slide on it when I'm cookin! Infra red binoks so I can look for you to land here. Meat pies will be layed out for you and your helpers. Don't forget, I have been a really, really good boy!

Roger "Ratman" Todd

MERRY CHRISTMAS

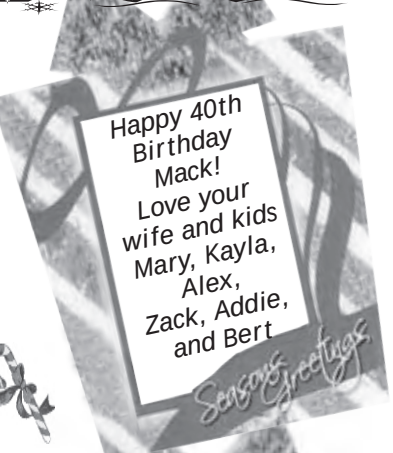
HAPPY BIRTHDAY

Happy 4th Birthday to my swee baby girl
Ailema Belle
We love you very much, mom, daddy, Trevian, Constance, Tayah, Chew and everybody at grandma's

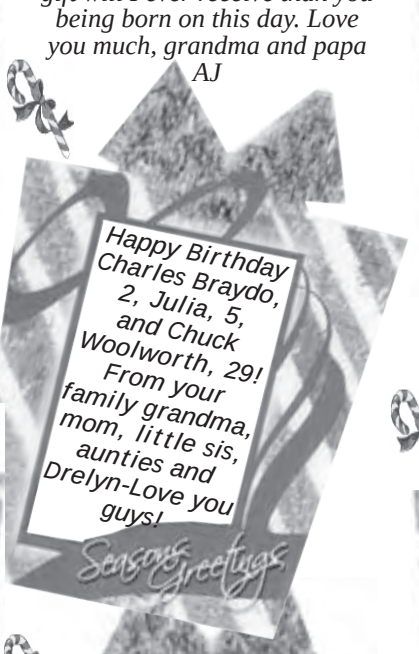

Happy Birthday to Harriet Whiteshirt, May God bless you and thanks for all you do. Love Kimberly Whiteshirt
Seasons Greetings

Happy 4th birthday to my grandbaby "Joebee" Josiah Andrew Reveles. You have only made my birthday special by sharing it with me. No greater gift will I ever receive than you being born on this day. Love you much, grandma and papa AJ

Happy Birthday brothers
We love you,
Fran and Benji Lonebear
Dec. 13 and Dec. 20



Happy 10th Birthday
Calista Rose Reed
Dec. 1
Lots of love, mom (Angel), dad (Galen), Alicia, Xavier, Tierra, Alaina, and Alex

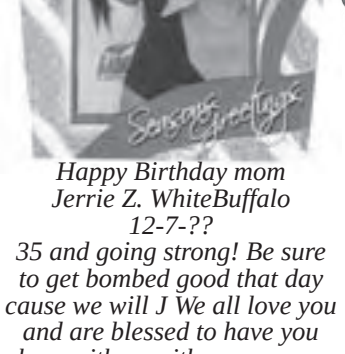

Happy Birthday Charles Braydo, 2, Julia, 5, and Chuck Woolworth, 29! From your family grandma, mom, little sis, aunties and Drelyn-Love you guys!
Seasons Greetings

Happy Birthday Dad
Dec.9
We love you,
Cheryl, Gabriel, and Basil

Happy Belated 21st Birthday
Daniel Cody Meely
Nov. 1, 1989
Baby, we are all sending prayers and blessings your way from all of us in El Reno, Okla. Miss you baby! Fletchers, Meelys, WhiteBuffalos and Cheaters

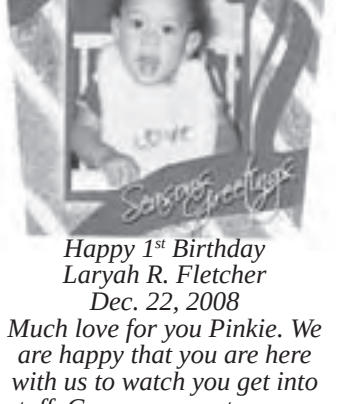
We would like to wish Elicia Leilani Hulbutta very Happy 2nd birthday! With much love from your whole family

Happy Birthday to my son,
Francis Lonebear
Dec. 13
I'll always love you with all my heart, love your mom Keets



Happy Birthday mom
Jerrie Z. WhiteBuffalo
12-7-??
35 and going strong! Be sure to get bombed good that day cause we will J We all love you and are blessed to have you here with us with many more birthdays to come. Love, Cheri, Terri, Milford, Jancie, Tracy, Tia, Jodi, Dustin, Bruce Allen and Skeeter

Happy Birthday to my baby girl, Jodi Janae Sankadota
Dec. 20, 1987
When you were born 22 years ago you made our whole family so happy. To see you made our day and we spoiled you terribly. Now you're grown and have two girls of your own. I am so proud of you, you're such a good mother to those girls. May God bless you and my beautiful grandbabies. Have a happy birthday and Merry Christmas. Love mom, Cheryl, Katt, Jasper and Kristy Sankadota



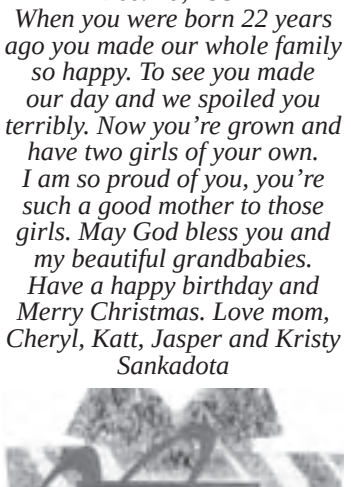
Happy 1st Birthday
Laryah R. Fletcher
Dec. 22, 2008
Much love for you Pinkie. We are happy that you are here with us to watch you get into stuff. Gran-ma, great-granny, Gep, Fletchers, WhiteBuffalos and Meelys

Happy Birthdy mom
Lucille T. Todd-Dec. 11, ??
We will be happy and proud to celebrate with you and hope you get really lucky winning all month long. You keep us all strong and together. We love you very much, Joella, Tubby, Joe, David, Roger, Peanut and Lobo

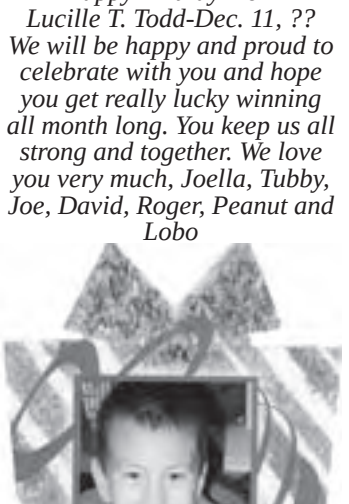
Happy Birthday Marcella!
Your whole family loves you very much!

Happy 8th birthday
Nathan Thunderbull
Dec. 19
We love you so mucy, mom, Karl and Kaydence

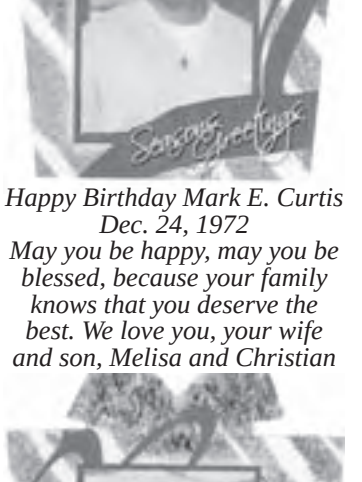
Happy Belated 18th Birthday
Taryn Waters (Soncee)
Dec. 3
Love you, auntie Tara, uncle Bob and boys



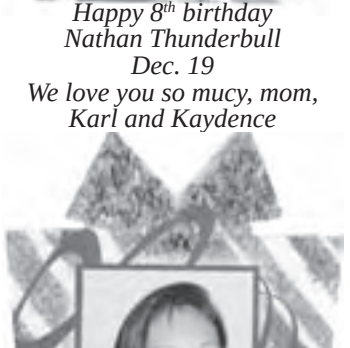
Happy Birthday Shelly
Love all your family



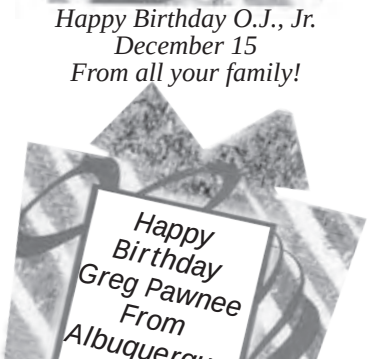
Happy Birthday
Richenda Harris
Dec. 25
Love you always, your mom Arlene, your sisters Sarah and Leroya and always your sons, Trenton and Trentarion Peirce and from all of the Kaulaity family and your friends. Merry Christmas



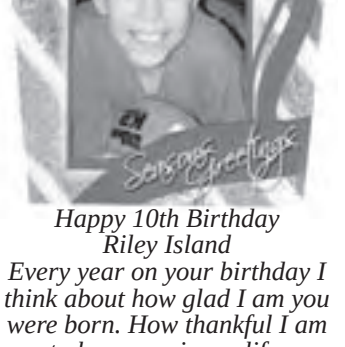
Happy 30th Birthday
Robert James Meely
Dec. 4, 1979
Oh man! We all love you so much. Can't wait for us to all get together to celebrate. Love, hugs, kisses are sent your way from all of us in El Reno. mom, gran-ma, aunties, uncles and cousins-Fletchers, WhiteBuffalos, Meelys and Cheaters



Happy 15th Birthday
Samantha Tiger
Love
Mom, Seth, Shavella, and

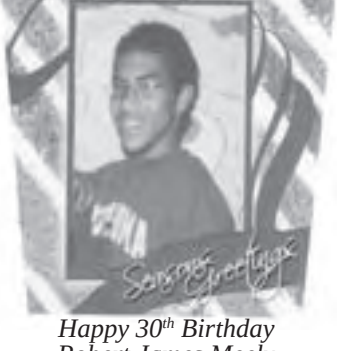


Happy 1st Birthday
Scott Tiger Jr.
Dec. 22, 2008
Showtime! We are happy you are a new addition to our bunch and all your aunties love you along with your uncles and cousins. Not to forget your gran-ma! Whitebuffalos, Meelys and Fletchers



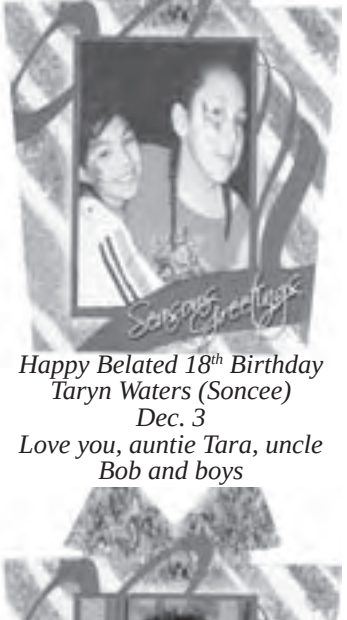
Happy 4th Birthday to our princess Tina Mae Ortiz
Dec. 30, 2005
We love you so much-your whole family

Happy 4th Birthday
to our beautiful baby girl
Tina Mae Ortiz
Dec. 30, 2005
We are so grateful and blessed that you are in our lives.
Love you, mom and dad



From our home to each of you a happy Christmas Eve birthday with our love to you uncle Vernon
May your days be bright and full of joy and happiness this Christmas time of the year with blessings of good tidings for the New Year ahead.
Our love to you always uncle Vernon and auntie Rhoda Bullcoming, cousins Chilo, Verna Rivas and family, Merlin and Cheryl Limpy Sr. and family Robbie and Ida One Bear and family, Vincente and Lattona Puente and family, Irene Bullcoming and family, Willie Bullcoming, Mona Bullcoming, Carol Bullcoming, Lame Deer, Montana family, Spotted Elk family, Pine family, Christ the Rock Church family, Prairiebear family, Runsabove family, Laura Lonebear and family, Bonnie Belt and family, your California family, Kenneth and Marie "rie" Washington, Tanisha "T," Kenethia "Pea," Tiaira "TT" and Donato "Nato."

Happy Belated 7th Birthday
Thomas Morado (Wubbie)
Dec. 3
Love you, auntie Tara, uncle Bob and boys



Happy 8th Birthday to our son Xavier Reed-Dec. 28
Love you lots, mom (Angel), dad (Galen), Alicia, Calista, Tierra, Alaina and Alex

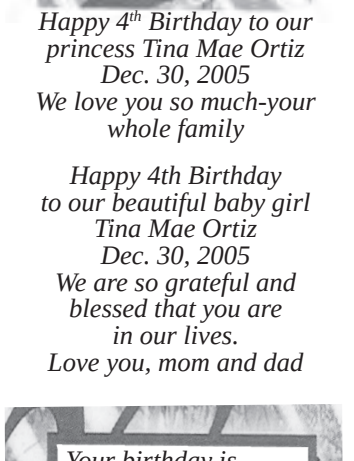
Happy Belated Birthday
Tierra "Wal-Ee-Ki" Reed
November 21, 2002
We love you so much, mom (Angel), dad (Galen), Alicia, Calista, Xavier, Alaina and Alex

Happy 4th Birthday to our princess Tina Mae Ortiz
Dec. 30, 2005
We love you so much-your whole family

Happy Birthday
to our wonderful grandmother, Jan Stonecalf Salehi
Dec. 11
From all your grandchildren, Tristin, Kobe, Gavin, Lil, Noah, sisters Shar andWanda, brothers Kent and Raymond, Jr. We love you very much and may the Lord bless all of us this Christmas holiday. Aho.

Happy Belated 18th Birthday
Taryn Waters (Soncee)
Dec. 3
Love you, auntie Tara, uncle Bob and boys

Happy Belated Birthday
Tierra "Wal-Ee-Ki" Reed
November 21, 2002
We love you so much, mom (Angel), dad (Galen), Alicia, Calista, Xavier, Alaina and Alex



Your birthday is a special time to celebrate the gift of you'to the world. Wishing Happy Birthday to our family. God Bless You!
Elicia Whiteman-Hulbutta
Leslie Renee Whiteman
Raven Morgan
Victor Morgan Sr.
Norma Sweezy - Black
Kerrin Lou Fletcher
Love from Micki, LaRenda, Janell and Jennie

Merry Christmas and Happy New Year from the Beulah Penn and Carmen Gray family.
Carmen, Cecil, Charles Michael, Emily, and Cj

MERRY CHRISTMAS
From the Cheyenne and Arapaho Tribal Tribune

Happy Birthday to a wonderful son and brother, Henry Richard, Jr. Dec. 21
Love mom, brothers and sisters

Employment Opportunities

Submit tribal application, resume, diploma, transcripts, valid Oklahoma state driver's license, and CDIB to: Personnel Department P.O. Box 38 Concho, OK 73022 or e-mail: awhite@c-a-tribes.org

Counselor in Training
Geoge Hawkings Trmt Ctr.

QUALIFICATIONS:

Must have maintained four years of sobriety. Must have a telephone and reliable transportation. Cheyenne and Arapaho military veteran preference given. Bachelor's degree with CADC certification or working toward that end preferred. Study should be in a behavioral science field such as, substance abuse, sociology, psychology, or counseling or five years or more in specialized experience in diagnostic and treatment services and individual group and family counseling.

SALARY: Negotiable

Domestic Violence Coordinator

QUALIFICATIONS:

Bachelor's degree in social work or criminal justice preferred. Three years work experience in this specific field may substitute for education. Tribal preference. Knowledge of the Cheyenne and Arapaho tribes culture and/or history preferred. Current Oklahoma driver's license required.

SALARY: Negotiable

Crisis Assistace Director
Crisis Department

QUALIFICATIONS:

Bachelor's degree in social work or related field preferred or an equivalent combination of education and experience. Must have ability to work with high number of clients and work as efficiently as possible. Requires two years of professional related experience. Ability to work flexible hours and willing to work other than normal working hours. Must have knowledge of crisis theory and interventions. Possess communication skills, written and oral, to relate to Indian and non-Indian communities, other agencies and the general public. Ability to maintain a high level of confidentiality on all client matters and other matters protected by privacy act as well as other confidentiality regulations. OSBI and criminal background check required and be adjudicated appropriately. Must possess a current Oklahoma driver's license to operate a government and tribal owned vehicle. Prefer knowledge of Cheyenne and Arapaho/Native American cultures and values. Ability to work with difficult clientele. Tribal Preference.

SALARY: Negotiable

Economic Development Director

QUALIFICATIONS:

Bachelor's degree in business field or some college with work experience in contracting, procurement, and federal programs may substitute for the bachelor's degree. Must be familiar with the historical service area of the tribes. Must have valid Oklahoma driver's license. High school graduate or GED required. Must pass pre-hire drug screening.

SALARY: Negotiable

Property Officer
Economic Development

QUALIFICATIONS:

High School graduate, some college or formal computer training required. Work experience of at least one year in this field or with federal programs preferred. Must be physical fit for job performance.Must have valid Oklahoma driver's license..Must pass pre-hire drug screen.

SALARY: Negotiable

Cheyenne and Arapaho Tribes
(800) 247-4612

Receptionist
Food Distribution

QUALIFICATIONS:

High school diploma or GED certified required. Two years experience working in related field. Ability to work with minimal supervision. Possess a valid Oklahoma driver's license. Cheyenne and Arapaho preference. Must pass pre-hire drug screening.

SALARY: Negotiable

U.S. CENSUS NEEDS PEOPLE TO FILL JOBS

The U S Census Bureau will hire thousands of people throughout the Kansas City Region for the six states of Minnesota, Iowa, Kansas, Missouri, Oklahoma and Arkansas between now and spring 2010.

Pay ranges from $11.50 to $20.00 per hour plus mileage for the field positions of recruiting assistants, crew leaders, crew leader assistants and census takers. Pay for Census Clerks range from $7.50 to $12.75 per hour depending on location. Opportunities for advancement.

If interested call the U. S. Census Bureau at (866) 861-2010.

politics

Continued from page 6

elected to a second term in 2006 by a vote of 34,813 to 30,214 - on leave.

The tribe's attorney general is seeking the appointment of a special prosecutor to look into alleged legal violations against Shirley and others involving tribal contracts with two businesses.

David Wilkins, author of ``The Navajo Political Experience,'' sees the actions as a growing pain of any young government. The three-branch government system on the Navajo Nation is less than 20 years old.

As the Navajo Nation moved from a chairman to a president in leadership, the council's power has only grown and delegates are reluctant to relinquish any of that power, he said.

``They really are in the throws of a serious intergovernmental conflict right here,'' he said.

Joan Chissie, a criminal law student in Glendale who grew up in the Navajo community of Coalmine Canyon, said it shouldn't be difficult for tribal politicians to act professionally and ethically, and be accountable for their actions.

``They are not able to communicate because nobody wants to listen,'' she said. ``They're going to continue to have this power struggle until they decide, 'We're going to grow up. It's time to do what I'm supposed to be doing.'''

C-1 Christmas dinners

-At 5 p.m.-

Dec. 16, 2009 at Canton Community Hall for Canton-Longdale Cheyenne and Arapaho tribal members.

Dec. 17, 2009 at Pioneer Hall for Woodward Community.

Dec. 19, 2009 at Seiling-Fonda Community Hall for Seiling Community.

Cleaning help for breast cancer patients

Submitted information

If any woman currently undergoing Chemotherapy needs assistance, there is a cleaning service that provides FREE housecleaning – one time per month for four months while she is in breast cancer treatment.

All she has to do is sign up and have her doctor fax a note confirming the treatment. Cleaning for a Reason will have a participating maid service in her zip code area arrange for the service. http://www.cleaningforareason.org/ The organization serves the entire USA and currently has 547 partners to help these women.

Leta Joyce Waters

Mary Limpy

In Loving Memory of those beautiful strong women. We miss and love you. Your children and grandchildren

Photos identified

This picture was featured in the Cheyenne and Arapaho Tribal Tribune's Nov. 1, 2009 issue as a "guess who I am" photo. Twenty minutes after the Nov. 1, 2009 paper came out, Sonia Reeder called and guessed who it was and won twenty dollars. She donated her winnings to the Cheyenne and Arapaho Indian Child Welfare.

The person in the photo is Cecil Gray, Jr., Cheyenne and Arapaho personnel director.

The photo "summer babes of 1976" featured in the Cheyenne and Arapaho Tribal Tribune's Oct. 1, 2009 issue as a "guess who" picture was taken when in front of the old BIA office, now the tag agency, on July 22, 1976.

Back row-Lenora Cozad, Julia Sweezy Cozad, Ethel Blindwoman, Bobbi WhiteThunder Hamilton

Front row-unknown, Carmen YellowEagle Gray, Cheryl Pedro, and Sharon Cozad.

Thank You

Courtesy photos

The Concho Head Start parent committee would like to thank everyone who donated their time, patience, or equipment so our head start kids and parents could be a part of the Christmas parade on Dec. 3, 2009 in El Reno, Okla.

Thanks to operations and maintenance, Michael Lamebull, for allowing Ed Sage to cut down a Christmas tree, putting the base on and helping with the lights, economic development, William Beard for donating his staff to create the frame of the float, donating the trailer and truck for our use and then driving the truck thru the parade, Tracie Kiplinger, a head start parent for donating all the Christmas lights that we used on the float.

It may not have been the fanciest float in the parade, but the kids and parents seemed to enjoy themselves.

Also a thank you to all the parents who showed up to participate by riding on the float and the head start staff who volunteered their time, Rosa Cisneros, Rachel Morales, Mark Giles, and Millie Russell.

Welcome

We would like to welcome our newest blessing to our tree of life. Tay'Sean Kelly Littlesun Birdtail who was born Nov. 20. She weighed 7 lbs. 7 oz. and was 21 inches long. The proud parents are Chaleina Littlesun and Jermayne Birdtail.

This little bundle of joy is Cheyenne, Crow and Assisiboine Sioux. His Indian name is after his uncle Shiloh of Washington D.C., Ma'heoneeve'hatse, which means Medicine Flying.

The proud grandparents are Denise Swank and Frank Whiteman of El Reno, Okla., grandma Anne Talksdifferent of Fort Belknap, Mont. ,and great-grandma Dorothy of Lame Deer, Mont.

All of his family from Washington, Montana and here in Oklahoma welcome him.

I am finally here. My name is Maisie Ann Hulbuta. I was born at Integris Hospital and weighed 7 lbs. and 15 oz. I was 19-3/4 inches long.

I am welcomed by my proud mommy and daddy Janell Rae Whiteman and Jamie Ryan Hulbutta. I have two big brothers, Kobe and Desmone and three big sisters, Jessica Khaelynn and Elicia.

My paternal grandparents are Jackie Hulbutta, Patricia Nimsey and the late Loretta Ann Green. My paternal great-grandparents are Nina Loftice and Mack Green.

My maternal grandprarents are Mildred (Micki) Black and Chester and Edwina Whiteman. My maternal great-grandparents are Joann Black-Williams, Wallace Williams and the late Edward Lumpmouth Black.

My aunts and uncles are Rebecca and Alan Sioux, LaRenda and Victor Morgan, Jennie Whiteman, Gary Morton, Jr., Gregory and Nellie Little Elk and Leslie Black.

Talulah Amy Shawnee was born on Oct. 10, 2009 to Jodi Sankadota of Weatherford, Okla. and James "Jimmy" Shawnee of Oklahoma City, Okla.

She was born at 4:11 p.m. at the Weatherford Regional Hospital and weighed 7 lbs. and 14 oz. and was 20-1/4 inches long.

The maternal grandparents are Lula Sankadota and the late Jasper Sankadota, Jr. of Weatherford. The maternal great-grandparents are Belva Hicks also of Weatherford, the late Jay Gould and the late Jasper, Sr. and Etheline Sankadota.

The paternal grandparents are Francis "Pie" Shawnee, Sr. of Eary, Okla. and Kathy Shawnee of Oklahoma City. The paternal great-grandparents are the late Wilford and Amelia "Ruby" Bates Shawnee.

Talulah joins a sister, Sweetie, 1-1/2 and a brother, Dion, 15.

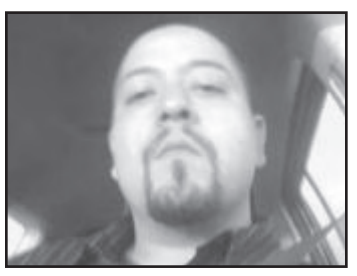
The Cheyenne and Arapaho tribal complex will be closed Friday Dec. 25, 2009 in observance of Christmas and Jan. 1, 2010 in observance of New Year's Day.

Looking for Brother

Vincent Parker is looking for his brother, Frank Harrington. The last time they met was at their mom's funeral in Long Beach, Calif. in 1980. "Our mom's name was Amy Harrington. If you have any information where to find Frank Harrington, please contact me at RCE/Gym Bed #1731, P.O. Box 500, Chino, Calif. 91708-0500."

Only one way to go, up

Submitted article



Robert James Pedro

My name is Robert James Pedro. My Indian name is Cedar Chief. John Pedro was my grandpa and Rose Pedro was his bride. My father, Clifford Tony Pedro, was in the military until he joined the CIA and also worked for the tribe. My mother, Jan Pedro, raised me the best she knew how.

I am from the Star Clan of the Southern Arapaho tribe.

Before I was incarcerated I was drinking and using drugs from first thing in the morning until I collapsed. My typical day began with a drink then drugs and usually ended at about 3-4 a.m. when the clubs would close. I lived (existed) this way for years.

Because of my lifestyle I was quickly headed towards jail or death. I abandoned my family and friends to be able to do what I wanted. Then it all came to a stop when I was convicted of a drug/alcohol induced crime.

One month before my incarceration I was able to care for the fire for my uncle Bobby Pedro's 70th birthday ceremony in northern California. My dad gave my uncle his fireplace before he passed away when I was 9 months old. I have great respect for my Arapaho ways and that is why I knew I needed help.

After my incarceration I chose to sign up and complete as many self-help classes that were available to me. I also attended the Native American sweat programs they offered. The judge allowed me to go to the SUMMIT Program. SUMMIT is an Alternative Incarceration Program (AIP). SUMMIT offers inmates the tools to change and a cut in prison time. I saved 38 months by signing up for this program. The program is 16 hours a day, seven days a week for six months. It is a very intense program. Right now it is the most successful program in the nation for inmates.

In this program I learned how it was my thinking that led me to criminal behavior. I found out that I was the problem and I learned how to quit blaming others for my problems and take accountability for my actions. It changed my life!

I got out on Nov. 10, 2009, one day after my 29th birthday. I am starting all over with nothing. But it is okay. I found a job the first day I was out. I am in a "half-way house" with other men. The house manager is a Native American man and has been very helpful to me. My family is back in my life and helping me to get back on my feet. The only way to go from here is up and I am giving it my all.

I hope by telling my story it will inspire someone to do the right thing before it's too late.

Living Legends

The Cheyenne and Arapaho Tribal Tribune Living Legends series showcases Cheyenne and Arapaho tribal elders.

With each story we're helping current and future generations learn from tribal elders as well as share in their life experiences and treasured moments. The stories in this series are personal, intimate and irreplaceable.

If you are an elder and are willing to share your history or if you would like to nominate an elder, please contact me at (800) 247-4612 x27608 or email dattocknie@c-a-tribes.org.

Respectfully, *Dana Attocknie*

Stockyard City s Cowboy Christmas Parade

Dec. 5, 2009 - Oklahoma City

Photos by Dana Attocknie

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$250,000
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Nissan 370Z Christmas
Dodge Ram New Year's Eve
Custom Chopper New Year's Day
WIN BIG
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Sponsored by VGT

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CHRISTMAS DRAWING
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Earn Drawing Tickets Now:
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